News from International Menopause Society…

A Report on 14th World Congress on Menopause, Cancun, Mexico, May 2014

The Triennial IMS World Congress was held during May 1-4, 2014 in Cancun Convention Centre at Mexico. The beautiful city of Cancun is not only a favourite holiday destination for its scenic ocean beauty, but is famous for its ancient Mayan culture with many historical areas around, and feels true to flavour of Mexico. It was an outstanding experience to visit Mexico, and to be the part of the great academic feast, in terms of gaining and sharing relevant knowledge. It was a great opportunity for showcasing Indian Menopause society’s strength & work.

The comprehensive scientific program, covered a wide range of issues through sessions in line with the meeting’s theme, “Advancing Global Health for women at Midlife” I congratulate and truly appreciate the efforts of the Board of IMS and local organizing committee to make this superb, successful and well attended meeting (delegates from over 80 countries) which catered clinicians, basic scientists & everyone in between across the globe. The highlights of the meeting can be enjoyed at– www.imscancun2014.com

The pre-conference CAMS general assembly was attended by most of us on May 1st morning, which started with Chairman’s introductory remarks, approval of agenda and approval of minutes of last gen Assembly at Rome. Next, Dr Andrea Ganazzani (Italy) presented a report for 2011-2014 by along with Dr. Morfin Martin Julio, treasurer CAMS & Dr. Nester Siseles, Secretary CAMS. I would like to express my sincere thanks to all IMS Board Members, CAMS Council Members ,Indian Menopause society’s team of Members who were present at the meeting for giving me their earnest support, showing confidence in me during elections & elected me as Secretary of CAMS with new responsibilities. I extend my gratitude Dr Ganzzani& the Executive Secretary Lee Tomkin for the warm welcome to newly elected team: CAMS Chairman Dr Camil Castel-Branco(Spain)& Dr Chui Kin Yuen(Canada) with me as secretary.

The IMS-APMF Symposium on May 1 was based on the theme “Reaching Menopause in Asia Pacific Region” where Dr. Chua Yaung from Singapore, President APMF & Dr. Ko-En- Huang from Taiwan Chaired the session. In a talk titled “Coping with Mid Life Blues& improving QOL” I shared the research data & also got an opportunity to highlight the efforts put in by IMS India in this direction across the country. The other two speakers were Dr. Elizabeth Ferrell (Australia), past president APMF and Dr. Camilla Zaida from Philippines.
On 2nd May Indian Menopause Society (CAMS session) was organized on “Changing Perspective of Midlife Women's Health in Rural India”

Moderators of the Panel Discussion: Dr. Maninder Ahuja, Dr. Jyothi Unni

Dr. Jyothi Unni - Awareness of Menopause
Immediate Past President, IMS India
(Dept. of Obst. & Gynae, Jehangir Hospital, Pune, India)

Dr. Lakshmi R. Markani - Concepts and Practices
Secretary, Hyderabad Chapter

Dr. Sunila Khandelwal - Symptomatology
Past President IMS India, CAMS representative
(Dept. of Obst. & Gynae, Fortis Escorts Hospital, Jaipur, India)

Dr. Vijayalakshmi Seshadri - Medical management
Chennai Chapter Secretary, IMS India
(Dept. of Obst. & Gynae, Sundaram Medical Foundation, Chennai, India)

Dr. Sonal Bathla - Surgical management
Delhi Chapter Secretary, IMS India
(Dept. of Obst. & Gynae, Sant Parmanand Hospital, Delhi, India)

Dr. Maninder Ahuja - Screening Methods
President, IMS India
(Dept. of Obst. & Gynae, Ahuja Hospital & Infertility Centre, Faridabad, India)

Dr. Yashodhara Pradeep - Counseling
Lucknow Chapter Secretary, IMS India
(Dept. of Obst. & Gynae, King George Medical University, Lucknow, India)

During Indian Symposium there were healthy discussions on the present scenario and way forward for India in rural health settings and the role of Indian Menopause Society in rural areas.
Dr. Maninder Ahuja President Indian Menopause Society 2014-2015

Moderator and speaker at IMS India Session: Changing Perspective of Midlife Women's Health in Rural India. Attended the CAMS General Assembly meeting which was held on 1st May 2014, between 8.30am and 10.00 am. The new team was elected during this session.

Presented a paper on “Efficient and Effective cervical cancer screening in low resource countries on 03/05/2014.

Chaired a Session on 2/5/2014 in symposium on “The implications of the menopause for health in later life”

Dr. Jyothi Unni, Immediate Past President, IMS

Presented a Poster Titled: "Is there a Rural-Urban Divide in Mid-life Health in India?"

She also Chaired Sessions on: 2/05/2014 from 8:00 to 9:00 on CAM2 Changing perspective of midlife women's health in rural India (Indian Menopause Society) and a session on 02/05/2014 from 10:30 to 12:00 on: S8 The pelvic floor: function and dysfunction

CAMS General Assembly and the IMS General Assembly and the Presidential Dinner were also attended by her.

Dr. Duru Shah Past president IMS- India and board member IMS International

May 1st, 2014
1. Attended the CAMS General Assembly meeting which was held on 1st May 2014, between 8.30 and 10.00 am. The new team was elected during this session.
2. Was a Judge for awarding the “IMS Robert Greenblatt Prize”

May 2nd, 2014
4. Attended the IMS General Assembly meeting 18.15 – 19.15

May 3rd, 2014
5. The IMS CAT CAMS session- Summary of IMS CAT, delivered a lecture on “Indian study of seasonal variation” – 8.00- 9.00
6. Session on Meet the Experts: Conducted a 45 min. session “Managing Premature Menopause” 12.00-12.45
7. Chaired the Oral Communication session on “ONCOLOGY” - 15.15-16.15
8. Chaired the Symposium on “THERAPEUTIC ISSUES OF THE MENOPAUSE” - 16.15-17.45
9. Attended the Presidential Dinner hosted by the President of IMS- 8.30pm

May 4th, 2014- Attended the First Meeting of the IMS Board 2014-2016- 7.00 -10.30 am

Dr. Jaideep Malhotra Secretary General IMS 2014-2015 was invited to speak on “Holistic Approach to Mid life Problems.” She spoke of problems in India and role being played by “Club 35 plus”. Attended the CAMS General Assembly meeting which was held on 1st May 2014, between 8.30 am and 10.00 am. The new team was elected during this session.
Presented a Paper “Reaching the unreached: Mobile Surgical Camps in Himachal Pradesh” which compiled the data of 5 surgical camps conducted in Shillai, Himachal Pradesh under aegis of Indian Menopause Society. Her video on rural work was well appreciated.

**Dr. Yashodhara Pradeep, Chairperson IMS Exam Committee**, Spoke on Counseling in rural women and presented Two Posters and participated in IMS India Session

A rare case of urinary incontinence due to Complete Labial Fusion.
Cost effective Diagnosis of Vaginal Atrophy by Vaginal pH in Menopausal women

**Dr. Lakshmi R. Markani, Chapter Secretary Hyderabad, IMS India:**

She spoke on :Cardio vascular benefits of Lycored - double blind randomized controlled study, was a Panel member in a Panel on - menopausal women in rural India. She also did a Poster presentation on- “Can Tibolone be a MHT in symptomatic SLE patient” and also on behalf of Dr. Meeta presented a poster on “Improvement in Menopausal symptoms with Lycored: Randomised double blind placebo controlled trial”

**Dr. Sunila Khandelwal, President IMS India, CAMS representative** Presented a Poster Titled: "Symptom clusters and health-related quality of life of Indian menopausal women". There were more than 200 posters exhibited, overall on all areas of research.

On 4th May, Dr. Sunila chaired the session on “Breast Health in developing countries” Dr. Yip Cheng Har from Malaysia spoke on the subject with very alarming data of great concern, specifically of developing countries & breast health Global initiatives clinical practice guidelines were discussed.

**Presidential Dinner** was quite impressive with an amazing experience to watch the Maya Dancer show with a lavish Mexican dinner. We were extremely happy and honored to have such good friends across the globe. The introduction of Host Society for the 15th world congress in 2016 at Prague and Greeting for the new IMS President Dr. Rod Baber was conducted.
Dr. Jignesh Shah from Ahemdabad, Dr. Sumita from Dehradun, Dr. Vidya Pancholi from Indore Dr. Sarogi from Mumbai attended the General Body meeting, attended the IMS - India session and participated actively in discussions.

Some Fun Moments……………

With local dancers

Boat cruise

Our participation in the entire conference was a gratifying experience for updating us related to the research & provided a state-of-the-art knowledge of menopausal medicine.

Whole team of Indian delegates (15) promised enthusiastically to attend the next congress at Prague in 2016.

By: Dr. Sunila Khandelwal
Past President, Indian Menopause Society
Representative of IMS India to International Menopause Society & CAMS
Secretary CAMS

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