



Changes before the Change

IMS
International
Menopause Society
Promoting education and research on midlife women's health

Perimenopausal bleeding

Although some women may abruptly stop having periods leading up to the menopause, many will notice changes in patterns and irregular bleeding. Whilst this can be a natural phase in your life, it may be important to see your healthcare professional to rule out other health conditions if other worrying symptoms occur.

For further information visit www.imsociety.org

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