

# Učinite svoje srce zdravijim



INSTITUT ZA ŽENSKO ZDRAVLJE  
INSTITUTE FOR WOMEN'S HEALTH

International **IMS**  
Menopause Society  
Promoting education and research on midlife women's health

## Zdravo srce je sretno srce

Menopauza je prirodno stanje, ali hormonske promjene i proces starenja pogoduju nastanku srčanih bolesti.

**Umanjite rizike!**

Vše informacija na [www.imsociety.org](http://www.imsociety.org) i <http://izz.hr>

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