Dear Friends,

As President of The International Menopause Society and Chairman of the Organizing Committee for the 16th World Congress on Menopause, it is my great pleasure to invite you to join us in Vancouver, one of the most beautiful cities in the world, from 6 to 9th June 2018. Vancouver is renowned for its scenic beauty and endless opportunities for outdoor activities, but it is also a cosmopolitan city with all the urban amenities – galleries, music, theater, fine dining, shopping and museums. The list could go on. It is also easily reached by air from all corners of the earth, making it an ideal venue.

Our Scientific Program Committee, headed by Dr Nick Panay, has already commenced planning a very exciting program. It will be of high quality and relevant to all women and those who care for them. Speakers will be drawn from all over the world in order to advance communication, education and research on all aspects of the health of adult women world-wide.

Please, mark the date in your diary now and I hope to see you in Vancouver in June 2018.

Mary Ann Lumsden
President of The International Menopause Society
and Chairman of the Organizing Committee for the 16th World Congress on Menopause

Dear Friends

As Chair of the Scientific Program Committee, I would like to add my welcome to that of Professor Mary Ann Lumsden. We are planning an exciting, innovative and varied scientific program for you in Vancouver, entitled “Midlife health in the 21st century.”

The theme of the meeting will be the life course approach to women’s health from pre- to peri-, through to postmenopause. There will be a particular focus on the problems of the perimenopause and premature ovarian insufficiency.

The Pre-congress course will set the scene with plenty of opportunity for interactive discussion about practical management issues. These issues and more will be discussed in greater detail during the symposia, controversies, debate and meet the expert sessions. Plenary speakers have been selected who will deliver exciting key note lectures on the state of the art and future frontiers of menopause medicine. Young investigators and new research developments will be given prominence through inclusion of the top submitted abstracts in the main symposia.

The global affiliated menopause societies will demonstrate how local advances in menopause medicine can be applied to solve world-wide problems.

We look forward to your active participation at this premier international forum of menopause science!

Nick Panay
Chairman of the Scientific Program Committee for the 16th World Congress on Menopause
Next stop: Vancouver, Canada.

TRAVEL
Vancouver International Airport has non-stop flights daily to Asia, Europe, Oceania, the United States, Mexico and other airports within Canada. We have an agreement with Sky Team and Air Canada where you can book your flight at reduced rates. See the congress website for more information.

Direct flights
North America:
- San Francisco 2 hr
- Chicago 4 hr
- Houston 5 hr
- Los Angeles 3 hr
- Mexico City 6 hr
- New York 6 hr

Overseas:
- Amsterdam 9 hr
- Beijing 11 hr
- Hong Kong 12 hr
- London 9 hr
- Paris 10 hr
- Tokyo 8 hr

HOTELS
- ★★★★ from 285CAD (approx 200€)
- ★★★ from 200CAD (approx 140€)
A selection of hotels in Vancouver will be available for attendees on the Congress website.

FOOD
One of Canada’s most vibrant dining scenes: Chefs in Vancouver cover a huge range of global cuisine, from Japanese izakaya to authentic Italian and everything in between.

Vancouver is one of the top five world-wide cities for livability and quality of life.

18° JUNE

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## The Scientific Program

### Tuesday, June 5th

13:00-18:00  Pre-congress Course "The Perimenopause: Challenges and Solutions"

### Wednesday, June 6th

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>08:30-09:50</td>
<td>CAMS Assembly</td>
</tr>
<tr>
<td>10:00-10:30</td>
<td>Plenary Lecture</td>
</tr>
<tr>
<td>10:40-12:10</td>
<td>Symposium, Symposium, Symposium, Oral Com.</td>
</tr>
<tr>
<td>12:20-13:50</td>
<td>Lunch Symposium</td>
</tr>
<tr>
<td>13:50-14:20</td>
<td>Coffee break and opening of the Exhibition Area</td>
</tr>
<tr>
<td>14:20-15:50</td>
<td>Greenblatt Award Session</td>
</tr>
<tr>
<td>16:00-21:00</td>
<td>Opening Ceremony, Henry Burger Oration, IMS Bursary Award, Pieter van Keep Lecture, Special Lecture, Welcome Reception</td>
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</tbody>
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### Thursday, June 7th

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
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</thead>
<tbody>
<tr>
<td>07:30-08:30</td>
<td>CAMS, CAMS, CAMS, CAMS, MTE Breakfast</td>
</tr>
<tr>
<td>08:45-09:15</td>
<td>Plenary Lecture</td>
</tr>
<tr>
<td>09:20-10:50</td>
<td>Symposium, Symposium, Symposium, Symposium, Oral Communication</td>
</tr>
<tr>
<td>10:50-11:20</td>
<td>Coffee break and visit to the Exhibition Area</td>
</tr>
<tr>
<td>11:20-12:20</td>
<td>Symposium, Symposium, Symposium, Symposium, Oral Communication</td>
</tr>
<tr>
<td>12:30-14:00</td>
<td>Lunch Symposium</td>
</tr>
<tr>
<td>14:10-15:40</td>
<td>Controversy, Symposium, Meet The Expert, Meet The Expert</td>
</tr>
<tr>
<td>15:40-17:10</td>
<td>Refreshments and visit to the Exhibition Area</td>
</tr>
<tr>
<td>17:15-17:45</td>
<td>Plenary Lecture</td>
</tr>
<tr>
<td>17:50-18:20</td>
<td>Plenary Lecture</td>
</tr>
<tr>
<td>18:20-20:00</td>
<td>Poster Session</td>
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### Friday, June 8th

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
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<tbody>
<tr>
<td>07:30-08:30</td>
<td>CAMS, CAMS, CAMS, CAMS, MTE Breakfast</td>
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<tr>
<td>08:45-09:15</td>
<td>Plenary Lecture</td>
</tr>
<tr>
<td>09:20-10:50</td>
<td>Symposium, Symposium, Symposium, Symposium, Oral Communication</td>
</tr>
<tr>
<td>10:50-11:20</td>
<td>Coffee break and visit to the Exhibition Area</td>
</tr>
<tr>
<td>11:20-12:20</td>
<td>Symposium, Symposium, Symposium, Symposium, Oral Communication</td>
</tr>
<tr>
<td>12:30-14:00</td>
<td>Lunch Symposium</td>
</tr>
<tr>
<td>14:10-15:40</td>
<td>Controversy, Symposium, Meet The Expert, Meet The Expert</td>
</tr>
<tr>
<td>15:40-17:10</td>
<td>Refreshments and visit to the Exhibition Area</td>
</tr>
<tr>
<td>17:15-17:45</td>
<td>Plenary Lecture</td>
</tr>
<tr>
<td>17:50-18:20</td>
<td>Plenary Lecture</td>
</tr>
<tr>
<td>18:30-19:30</td>
<td>IMS ASSEMBLY</td>
</tr>
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### Saturday, June 9th

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<th>Event</th>
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<td>CAMS, CAMS, CAMS, CAMS, MTE Breakfast</td>
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<tr>
<td>08:45-09:15</td>
<td>Plenary Lecture</td>
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<tr>
<td>09:20-10:50</td>
<td>Symposium, Symposium, Symposium, Oral Communication</td>
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<tr>
<td>10:50-11:10</td>
<td>Coffee break</td>
</tr>
<tr>
<td>11:10-12:10</td>
<td>Debate</td>
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<tr>
<td>12:10-12:30</td>
<td>Plenary Lecture</td>
</tr>
<tr>
<td>12:30-12:50</td>
<td>Closing Ceremony</td>
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</tbody>
</table>
The Scientific Program of the Congress will be based on the Mission Statement of the IMS: “to promote and advance communication, education and research on all aspects of the health of adult women world-wide”.

Key experts will update you on the latest scientific evidence that can be related to daily clinical practice and basic research.

The most relevant new developments will be addressed by the best speakers in the Plenary sessions at the Congress. Basic research will be presented in Oral communication and Poster sessions.

Controversial topics will be debated by experts. “Meet the experts” sessions will enable more personal contact with the experts.

Meet the expert breakfast tables will be organized on Thursday, Friday and Saturday mornings. Maximum of 9 available seats for each expert table. List of experts and booking form will be available starting from February 2018 (not included in registration fee).

The Scientific Committee will ensure that the Program contains the most up-to-date topics, controversies and the best available Faculty, as relevant to our Mission Statement.

CME Accreditation
The IMS 2018 Scientific Program will be submitted for accreditation by:

- the Royal College of Physicians and Surgeons of Canada
- the College of Family Physicians of Canada
- the American Medical Association (AMA)
- the European Union for Medical Specialists (UEMS)

### Plenary Lectures

**Mary Ann Lumsden (UK)** Pieter van Keep Lecture  
**Richard Anderson (UK)** Current status of ovarian stem cells  
**Donald P. McDonnell (US)** Future targeted approaches to menopause management  
**Richard Santen (US)** New concepts in breast endocrinology  
**Scott Nelson (UK)** Advances in biomarkers in menopause prediction  
**Doris Taylor (US)** How to prevent a broken heart?  
**Robert Reid (CA)** Hormone therapy and breast cancer: Risk communication and the perfect storm  
**Duru Shah (IN)** Women’s rights in Asia: a fact or an illusion?  
**Jacques Donnez (BE)** Advances in the management of fibroids in the perimenopause  
**Konstantinos Tserotas (PA)** Menopause research in Latin America

### Symposia

- Perimenopause: The ABCs  
- Advances in endometriosis and other menstrual disorders  
- Reproductive depression  
- Contraception for the older woman  
- Sexuality – physical and emotional perspectives  
- The Brain – new insights  
- Premature ovarian insufficiency  
- The breast in health and disease  
- Preventive strategies for osteoporosis  
- Life after cancer  
- Breast screening: where are we now?  
- Cardiovascular window of opportunity  
- Future research directions  
- Beyond estrogen – what are the options?  
- Optimizing the pelvic floor  
- Obesity: challenges and strategies  
- Androgens: neglected female hormones?  
- Breaking news!

### Pre-congress Course

**The Perimenopause: Challenges and Solutions**

### Meet the expert breakfasts

Discuss directly with the experts about your favorite topics
Abstract submission

Participants interested in presenting papers at the Oral and Poster sessions are invited to submit their abstracts.

All abstracts will be reviewed by the Abstract Reviewing Committee. The highest ranked abstracts among those submitted for oral presentation may be considered by the Scientific Program Committee for presentation during Symposia instead of Oral Communication Sessions. Moreover, all accepted abstracts will be collected into the official Book of Abstracts that will be published as an online supplement of the Journal of the IMS, *Climacteric*.

The deadline for abstract submission is **January 12th 2018**

» Abstracts can only be submitted using the online form available on www.imsvancouver2018.com.
» Abstracts submitted via email or fax will not be accepted.
» Presenting authors will be notified whether their abstract has been accepted by **February 27th 2018**.
» Authors whose abstracts have been accepted must register for the Congress and pay the registration fee by **March 20th 2018**. Failure to do so will result in exclusion from the Scientific Program and the Book of Abstracts.
» The full Congress Scientific Program will be available on the website www.imsvancouver2018.com

» The abstract cannot be longer than 2000 characters and must be plain text: it is not possible to include tables and images, but you may insert data in the text of the abstract. Abstracts for free communications and posters should be divided into *Objective – Methods – Results – Conclusions*.

**SOON ON WWW.IMSVANCOUVER2018.COM**

Pre-congress course program will be announced and registrations will be activated from **6 June 2017**

Abstract submission will open on **6 September 2017**

**The IMS Robert Greenblatt Prizes**

Robert B. Greenblatt, co-founder and first President of the International Menopause Society, originally conceived the idea of awarding prizes to the two junior researchers who present the best papers in the field of the menopause. There are two prizes each of 2500GBP, for the best papers presented, in either basic research or clinical work.

» Award winners must be under 40 years of age or in training at the time of the Congress.
» They must have been the sole or principal researcher in the paper presented.
» Entrants for the Greenblatt prizes must submit their work in abstract form and tick the ‘Greenblatt prize’ checkbox.

The IMS Awards Subcommittee will review the abstracts and select a shortlist of six candidates (three for clinical works and three for basic research). Shortlisted candidates will be invited to present their papers to the jury at a special oral session on the first day of Congress. The final vote will be taken and the names of the award winners announced during the Opening Ceremony.

**DEADLINES**

- **Early Bird registration** — November 23, 2017
- **End of Abstract Submission** — 12 January 2018
- **Reduced rate registration** — 20 March 2018
**Topics for Abstract submission**

1. **General menopause including**
   - Epidemiology, basic science and clinical research
   - Diagnosis of menopause
   - Hormone and non-hormonal therapy
   - Premature ovarian insufficiency
   - The menopause after cancer
   - Other topics related to the menopause

2. **Hormones and hormone action**
   - Hormones and hormone receptor signaling mechanisms
   - Biological actions of sex steroids
   - Selective hormone receptor modulators
   - Novel treatments and regimens

3. **Hormones and the metabolism including**
   - Obesity
   - Metabolic syndrome
   - Insulin resistance, diabetes and dyslipidemia
   - Other topics related to hormones and the metabolism

4. **Sexual function including**
   - Epidemiology, basic science and clinical research
   - Treatment options – psychological and medical approaches

5. **Menopause and cardiovascular system including**
   - Epidemiology, basic science and clinical research
   - Hormones and coronary heart disease
   - Hormones and thrombosis
   - Hormones and cerebrovascular disease
   - Other cardiovascular topics

6. **Menopause and the brain including**
   - Neurosteroids and actions
   - Cognitive function
   - Sleep and sleep disorders
   - Alzheimer’s disease and other neurodegenerative disorders

7. **Mood and mental disorders including**
   - Epidemiology, basic science and clinical research
   - Hormonal and non-hormonal treatment of mood disorders (including perimenopausal and premenstrual depression)
   - Schizophrenia and other mental disorders

8. **Musculoskeletal health including**
   - Bone loss and osteoporosis
   - Sarcopenia
   - Pharmacological and non-pharmacological fracture prevention

9. **Breast health including**
   - Breast and breast cancer biology
   - Breast cancer epidemiology
   - Hormone therapy and breast cancer
   - Breast cancer screening and diagnosis
   - Tolerance and aromatase inhibitor-related side-effects
   - Adjuvant bisphosphonates
   - Other topics related to breast and breast cancer

10. **Gynecology including**
    - Abnormal uterine bleeding
    - Management of fibroids – medical and surgical
    - Endometriosis (in perimenopause and consequences of surgery)
    - PCOS – implications for menopause
    - Endometrial hyperplasia and cancer
    - Vulval and vaginal conditions – VVA/GSM and other disorders
    - Diagnostic gynecology
    - Urogynecology – including incontinence and prolapse

11. **Other oncology including**
    - Hormones and non-gynecological cancer
    - Screening, diagnosis and treatment of women
    - Treatment consequences in relation to the menopause
    - Novel non-hormonal treatment regimens

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**Congress Registration**

<table>
<thead>
<tr>
<th>Registration fees (VAT included)</th>
<th>Until 23 Nov 2017</th>
<th>Until 20 Mar 2018</th>
<th>After 20 Mar 2018</th>
</tr>
</thead>
<tbody>
<tr>
<td>Delegate</td>
<td>CAD 730 (approx 510€)</td>
<td>CAD 950</td>
<td>CAD 1200</td>
</tr>
<tr>
<td>Delegate IMS Member</td>
<td>CAD 660 (approx 460€)</td>
<td>CAD 800</td>
<td>CAD 1030</td>
</tr>
<tr>
<td>Delegate from Developing Countries (WHO list)</td>
<td>CAD 600 (approx 420€)</td>
<td>CAD 730</td>
<td>CAD 880</td>
</tr>
<tr>
<td>Trainees, nurses and technicians (status to be certified)</td>
<td>CAD 600 (approx 420€)</td>
<td>CAD 600</td>
<td>CAD 600</td>
</tr>
<tr>
<td>Pre-congress Course</td>
<td>CAD 150 (approx 105€)</td>
<td>CAD 150</td>
<td>CAD 150</td>
</tr>
<tr>
<td>Meet the expert Breakfast (each)</td>
<td></td>
<td>CAD 45</td>
<td>CAD 45</td>
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</tbody>
</table>

Registration includes:

- Access to the congress sessions except the Pre-congress course and the Meet the expert breakfasts
- Access to the exhibition area
- CME Credits
- Congress kit including abstracts pendrive

**Register online on WWW.IMSVANCOUVER2018.COM**

1. Go to the registration page and create for free your account
2. Once in your profile page click on the registration button
The IMS was founded in 1978 and is a Charitable Incorporated Organisation based in the UK within the confines of The Charities Commission. The aims of the IMS are to promote education, study and research on all aspects of adult women’s health; membership of the IMS is open to individual scientists and health professionals who are involved in basic research or clinical work in menopause and adult women’s health, or those individuals who have an interest in these or other aspects of this particular field. National and regional menopause societies may apply for affiliation to the IMS.