

# Učinite svoje srce zdravijim



INSTITUT ZA ŽENSKO ZDRAVLJE  
INSTITUTE FOR WOMEN'S HEALTH

International **IMS**  
Menopause Society  
Promoting education and research on midlife women's health

## Zdravo srce je sretno srce

Menopauza je prirodno stanje, ali hormonske promjene i proces starenja pogoduju nastanku srčanih bolesti.

Umanjite rizike!

Vše informacija na [www.imsociety.org](http://www.imsociety.org) i <http://izz.hr>

International Menopause Society, PO Box 751, Cornwall TR2 4WD

Tel: +44 01726 884 221 Email: [leetomkinsims@btinternet.com](mailto:leetomkinsims@btinternet.com)

Institut za žensko zdravlje/Institute for Women's Health, Zagreb, Croatia

Email: [institut@izz.hr](mailto:institut@izz.hr)