

Indian Menopause Society delegation at 15th World Congress on Menopause 2016

The 15th World Congress on Menopause was held from 28 Sep to 01 Oct 2016 at Prague, Czech Republic. It was attended by a record number of 24 delegates from the Indian Menopause Society. The current President, Dr Jaideep Malhotra and 6 Past Presidents : Dr Hara Pattanaik, Dr Maninder Ahuja, Dr Jyothi Unni, Dr Meeta, Dr Duru Shah and Dr Sunila Khandelwal were amongst them.

The General Assembly of the Council of Affiliated Menopause Societies (CAMS) was held on 28 Sep.



Dr Sunila Khandelwal,(Jaipur) Secretary General of CAMS presented the activities of CAMS from 2014 to 2016.

Dr Duru Shah, (Mumbai) Board Member of International Menopause Society and Dr Jyothi Unni, (Pune) Representative of Indian Menopause Society to CAMS attended the meeting.

Later that afternoon, Dr Duru Shah gave a lecture entitled ‘Healthcare for aging women in India- bridging the gap’.



On 29 Sep, Dr Meeta (Hyderabad) presented her Oral Free Communication on Evaluation of Metabolic Health Parameters At Menopause Transition and Dr Yashodhara Pradeep (Lucknow) presented her oral paper on Serum Estrogen as Predictor of Cardiac Risk in Peri and Post Menopausal Women.



The General Body Meeting of the International Menopause Society was held that evening. It was attended by all IMS (India) members who are currently members of International Menopause Society. The new office bearers and board took office. Dr Sunila Khandelwal was one of the newly installed Board members. Dr Duru Shah was inducted as Director of Digital Education.

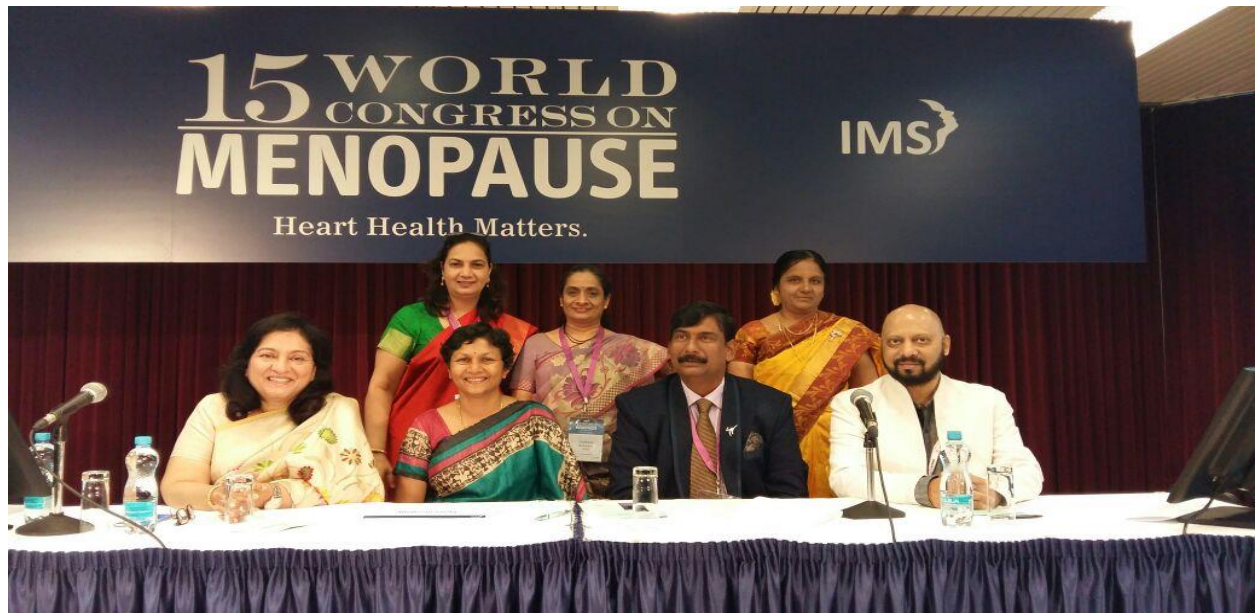
The Indian Menopause Society conducted a symposium on the 30th, entitled PCOS beyond Menopause : the Indian Scenario. This was moderated by the President, Dr Jaideep Malhotra (Agra) and Dr Jyothi Unni.

The following lectures were given

- Dr Sarita Bhalerao (Mumbai) : Genetic basis for metabolic syndrome in PCOS
- Dr Shobhana Mohandas (Thrissur): Body composition and Obesity
- Dr Hara Pattanaik (Cuttack) : Insulin Resistance & Diabetes
- Dr Pushpa Sethi (Gurgaon) : Dyslipidaemia
- Dr Hepzibah Kirubamani (Chennai) : Hypertension, Microalbuminuria
- Dr Jignesh Shah (Ahmedabad) : Cancers

As Dr Pushpa Sethi had to return to India suddenly due to a family emergency, her lecture was given by Dr Jyothi Unni.

The symposium was well attended and very well received.



In the afternoon, Dr Yashodhara Pradeep (Lucknow) presented another oral paper on ' The diagnosis of atrophic vaginitis by vaginal pH in Postmenopausal women and evaluation of treatment response of vaginal Estrogen vs. Isoflavones' and Dr Rujuta Fuke(Nagpur) presented her oral paper on 'Role of SERMs in the management of Abnormal Uterine Bleeding in Perimenopausal Women.'



Dr Sunila Khandelwal gave a lecture on 'Metabolic syndrome in Asia Pacific countries' during the session conducted by the Asia Pacific Menopause Federation.



Dr Duru Shah, Dr Sunila Khandelwal, Dr Meeta and Dr Jyothi Unni also chaired various sessions during the Congress.

Indian Menopause Society was well represented in the Poster session with 18 Posters by 14 authors. They were Dr Maninder Ahuja (Faridabad), Dr Sunila Khandelwal (Jaipur), Dr Bipasa Sen (Kolkata), Dr Hepzibah Kirubamani (Chennai), Dr Shishta Basu (Delhi), Dr Lalithambica (Alappuzha), Dr Chelamma (Calicut), Dr Shobhana Mohandas (Thrissur), Dr Lakshmi Rathna (Hyderabad), Dr Bharati Morey (Mumbai), Dr Jyothi Unni (Pune), Dr Sarita Bhalerao (Mumbai), Dr Rujuta Fuke (Nagpur) and Dr Jignesh Shah (Ahmedabad).



The grand finale was the Quiz , conceptualized by Dr Duru Shah and held for the first time at a World Congress. It was entitled ‘Women’s Health Olympics’ and keenly contested by candidates from 8 countries. The IMS-India participant Dr Priydarshani Manickam (Kolkata) came second in the Quiz.



There was a Presidential Dinner at the Zofin Palace on 1st October, where Dr Duru Shah was felicitated for her contribution as a Board Member of International Menopause Society and Dr Sunila Khandelwal was felicitated for her contribution as Secretary General of the Council of Affiliated Menopause Societies.

