



Report on.... International Menopause Society Session in IMSCON - 2018

held at the Hotel Lemon Tree, Gurugram, India.



Sunila Khandelwal, Board member reports ...

‘The National conference of Indian Menopause Society in association with Gurgaon Obstetrics and Gynaecological Society was held on February 16-18, 2018 with the theme “Menopause Creating a New Horizon for a new Beginning”. Comprehensive scientific program covered wide range of theme based plenary sessions, symposium, debates. Pre-conference workshops were on Robotic Surgery and Holistic Health on Menopause. The meeting was very well attended by more than 250 National delegates and also from other countries (Bangladesh, Sri Lanka, and UK).

IMS President, Mary Ann Lumsden, was the chair in the **International Menopause Society Session**. Board members, Prof. Duru Shah gave presentation on “Hormone therapy: Cardiovascular Health after Menopause” and Prof. Sunila Khandelwal talked on “Osteosarcopenic Obesity – A Global Challenge”. It was a great opportunity to attract delegates for the forthcoming World Congress at Vancouver 2018 and also generated interest for International Membership.

Prof. Mary also delivered talk on “Global burden of Midlife Health Issues” in British Menopause Society Session and generated a galvanizing and enthusiastic interactive discussion. She addressed the delegates during inauguration as Chief Guest. She was also the Guest of Honour in annual convocation of Credentialed Indian Menopause Practitioners (CIMP) and encouraged young generation to take interest in this complex field of menopausal healthcare.

It was gratifying experience for escalating knowledge and reconnoitre evidence based latest updates on interdisciplinary and trans-disciplinary issues that address the challenge of understanding menopause and its management from multiple theoretical and practical standpoints.

Truly this congress was a perfect blend of academic and social feast. Sincere thanks to IMS President Dr. Suvarna Khadilkar and the team of organizers from Indian Menopause Society.



