

WEBINAR

# Menopausal HT prescribing, the do's and don'ts

JUNE 23 2020 15:00 (CEST)



Rodney Baber



Tim Hillard



MODERATOR  
Nick Panay

## LIVE WEBINAR

Don't miss out on our upcoming webinar on  
**Menopausal HT prescribing, the do's and don'ts**

Tuesday, June 23th 2020

at 15:00 CEST ([convert to your own time zone](#))

Duration: 1 hour

[Register for free](#)

## SPEAKERS



Professor of Obstetrics and Gynaecology,  
The University of Sydney  
Past President IMS and AMS  
Current Editor in Chief, Climacteric



Consultant Gynaecologist and Uro-  
gynaecologist. Established and runs a specialist  
NHS menopause clinic. Past Chairman of the  
British Menopause Society, current board  
member of the International Menopause Society  
and associate editor of Climacteric.

# IN THIS WEBINAR

## **An update on MHT prescribing principles and options**

1. Global Consensus Statement on use of MHT
2. Benefits of MHT
3. Adverse effects of MHT
4. How to prescribe MHT

## **The do's and don'ts of prescribing**

1. Consider the estrogen and progestogen parts of HT as 2 separate and variable components
2. Consider changing the type of progestogen if experiencing side-effects
3. Consider changing dose and/or route of estrogen if symptom control not achieved
4. Don't start no bleed combinations too early or there maybe irregular bleeding
5. Don't forget vaginal estrogens can be used in conjunction with systemic treatment if there are persistent VVA symptoms.

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