

Report on the International Conference entitled
"Challenges in Women's Health – New Dimensions in the 21st Century"
December 6th -8th, 2013

IMS- India activities showcased on a huge backdrop created & installed at the entrance of the conference!



The International Congress on ***"Challenges in Women's Health – New Dimensions in the 21st Century"*** was held between 6th to 8th December 2013 at Hotel Grand Hyatt, Mumbai, India. The Congress was jointly organized by the International Menopause Society (IMS) and the Indian Menopause Society (IMS-India) and was supported by the World Health Organization and the Ministry of Health, Government of India.

This was the first experience of IMS organizing a Regional Meeting besides its World Congresses. ***IMS was led by its President Tobie de Villiers and the Board Members of the IMS, whilst IMS- India was led by Dr. Jyothi Unni and her team. The Conference Organizing Committee was led by its Chairperson Dr Duru Shah with Drs. Rashmi Shah and Dr. Preeti Galvankar, both senior members of the Indian Menopause Society, as Organizing Secretaries.***

Organized by:



The Indian Menopause Society(IMS)team The International Menopause Society team



*The lighting of the lamp during the
Opening Ceremony*



*The release of the “The IMS Mantra”
by Mrs. Tina Ambani*

The Opening Ceremony of the conference was held on December 6th, 2013. The Congress was inaugurated by the Chief Guest, Mrs. Tina Ambani, the Chairperson of the Harmony Foundation for the aged besides being the Chairperson of the Kokilaben Dhirubhai Ambani Hospital. There were **3 major releases** during the Opening Ceremony. Mrs Tina Ambani released the IMS-India film, "**The IMS Mantra**" an initiative by Dr. Duru Shah. Dr Hema Divakar, Guest of Honour and President of FOGSI launched the “**Nulife Clinics**” which is a collaborative initiative of IMS-India and FOGSI, and the IMS-India Document on “**Clinical Practice Guidelines on Management of Postmenopausal Osteoporosis**” edited by Dr. Meeta Singh, was released by Tobie Villiers, the President of IMS.



***Launch of the “Nulife Clinics” by
Prof. Rod Baber, General Secretary, IMS***



***Release of the IMS-India Guidelines on
“Postmenopausal Osteoporosis”
edited by Dr. Meeta Singh,
released by Prof. Tobie Villiers, President IMS***

The ***Opening Ceremony*** started with a ***Public Forum*** entitled "***Caring for the Caregiver in Her Changing World - Are we doing enough?***" with eminent panelists from the Ministry of Health & Family Welfare, the Women & Child Development Department, Government of India, WHO, (South East Asia Region), the Corporate Sector, the Dept. of Public Health, Australia, NGO for midlife health and the print media. The Public Forum was held to sensitize the media and the Society regarding issues related to women in their post reproductive lives. The Opening Ceremony was followed ***by dinner in the open courtyard of the Hotel***, lit with beautiful little lights on trees and soothing music.



Public Forum entitled "***Caring for the Caregiver in Her Changing World –
Are we doing enough?***"



The **4 Pre congress Workshops** were attended by more than 400 participants. The topics covered during the Workshops were “Customizing Menopausal Hormone Therapy, New Surgical Techniques at Midlife, Breast disease and the Gynaecologist and Fit at Fifty, Shapely at Sixty & Strong at Seventy”. The workshops included video case presentations and live exercise demonstrations and were extremely interactive.



Customizing Menopausal Hormone Therapy



Fit at Fifty, Shapely at Sixty & Strong at Seventy



Breast disease and the Gynaecologist



New Surgical Techniques at Midlife (Video Session)

Conference:

A total number of **685 delegates** registered for the two day meeting. The delegates benefited from the expertise of 21 international experts and over 100 national experts. The topics highlighted the various issues faced by women at midlife, focusing on both preventive and therapeutic healthcare. ***The authors of the three prize winning posters were invited to make oral presentations.*** The academic sessions were highly appreciated by the delegates, with the meeting being a blend of global data, science and culture.



A total number of 685 delegates registered for the two day meeting.

Our Eminent International and National Faculties



Prof. John Stevenson



Prof. Anne Gompel



Prof. John Studd



Prof. Rossella Nappi



Dr. Sadhna Desai



Prof. Rogerio Lobo



Prof. Susan Davis



Prof. Ko-En Huang



Prof. Ewald Boschitsch



Prof. Anna Fenton



Prof. Andrea Genazzani



Dr. Jyothi Unni



Prof. Victor Henderson



Prof. David Sturdee



Prof. Pem Gooneratne

During the conference dinner, a **fusion music program** by “*Durjaa*” enthralled the audience with music from the different regions of India with *cocktails, dinner and a Vibrant DJ* following this program, the delegates let their hair down, and danced away into the late night.



Fusion Music Program



DJ, dance and delegates

The ***Valedictory function*** was a small function with *profuse thanks* to all those who contributed to its success. A ***lucky draw*** helped the delegates who stayed till the end to receive wonderful prizes. Winners of the posters were gifted their cheque awards and the meeting ended with the Indian National Anthem.

Our Lucky draw winners and Poster winners receiving their prize and awards





The National Anthem

The feedback from all the delegates has been very positive and we are happy to announce that the conference has been financially very fruitful. This conference would not have been possible without the support of the team from IMS International and India.

Dr. Duru Shah
President,
Organizing Committee

Dr. Rashmi Shah

Dr. Preeti Galvankar

Organizing Secretaries

Dr. Jyothi Unni
President
Indian Menopause Society

Prof. Tobie de Villers
President
International Menopause Society