

A photograph of three women of different ages (white, Asian, and white) smiling and holding a large, light blue heart. The woman on the left is older with white hair and glasses. The woman in the middle is of Asian descent with dark hair. The woman on the right is younger with blonde hair and sunglasses on her head. They are all smiling warmly at the camera.

Can testosterone really help us?

Testosterone can help alleviate some health-related issues of menopause

Testosterone is a hormone common to both women and men, although men's bodies produce much greater amounts. In women, testosterone is an essential hormone. Loss of sexual desire and satisfaction are common symptoms amongst postmenopausal women and testosterone, in a dose appropriate for women, can be very effective in improving sexual desire and satisfaction.

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