



## International Menopause Society statement

8th June 2015

### International Menopause Society welcomes the NICE draft guidelines for the diagnosis and treatment of the menopause

A consultation document published on the 1<sup>st</sup> June in the UK by The National Institute of Clinical Excellence (NICE) outlines draft guidance for physicians on the clinical management of menopause-related symptoms, and considers both pharmaceutical and non-pharmaceutical treatments.

IMS President, Dr Rodney Baber (Sydney, Australia) [rodbaber@bigpond.com](mailto:rodbaber@bigpond.com) commented: 'IMS believes that the guidance is based on the best available evidence and offers best practice advice on the care of menopausal women. We know this will resonate in countries around the world and we welcome guidance which will help physicians to determine the best advice and treatment for their patients. We urge all IMS members to view the draft guidelines'

Clinical practice director, Professor Mark Baker, for NICE commented 'Menopause symptoms can severely upset a woman's day to day life. NICE is pleased to be developing the first guideline for the NHS on diagnosing and managing menopause, to help improve the lives of women affected by it.'

Key points for further discussion in the draft guidance include advice on :

- ***Vasomotor symptoms***
- ***Mood***
- ***Sexuality***
- ***Urogenital atrophy***
- ***Compounded hormones:***
- ***Follow up***
- ***Adverse events including CVD risk, risk of stroke, breast cancer and role in dementia***
- ***When HRT is contraindicated***

The consultation period ends on 13<sup>th</sup> July and it is hoped the final guidance will be published by the end of 2015.

**Comment ends**

Full commentary from IMS is available for members by following this link:

Menopause Live: 8<sup>th</sup> June 2015

**[Breaking News: Menopause – NICE guideline \(short version draft\)](#)**

Follow this link to see the full consultation document (available to all):

**[Menopause: draft guideline consultation](#)**

**National Institute for Health and Care Excellence**

**Endocrine system disorders | Obstetrics and gynaecology**

**For more information on the IMS, please contact the IMS press office, Lee Tomkins, at;  
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For general information on the International Menopause Society, see <http://www.imsociety.org/>

For IMS recommendations on HRT please see [http://www.imsociety.org/ims\\_recommendations.php](http://www.imsociety.org/ims_recommendations.php)