

2020 AWARDS

World Menopause Day
18th October 2020

Dear Colleagues,

The International Menopause Society awards are traditionally presented at the bi-annual World Congress. Unfortunately, the 2020 World Congress was not held because of the COVID-19 pandemic and presentation to the recipients in person has not been possible.

It is nonetheless a pleasure to announce the 2020 awardees, to congratulate them on their outstanding achievements, and to thank them for their contributions to the advancement of menopause care.

The awards being announced are:

- **Distinguished Service Award**, given for outstanding service to the Society to Susan Davis and Victor Henderson.
- **Lifetime Achievement Award**, given for outstanding contribution to the world of menopause to Henry Burger and Wulf Utian.
- **President's Award**, given for outstanding service to the Society during that President's term to Khunying Kobchitt Limpaphayom.
- **Henry Burger Prize**, awarded to Nanette Santoro as the investigator determined to have published the most significant contribution to the field of menopause in basic science or clinical studies in the previous four to five years.

This announcement also contains an overview of the Greenblatt Award finalists. The Greenblatt Award is given to the two junior investigators who present the best papers in the field of menopause for basic science or clinical management.

Please continue reading for further information about the recipients of these awards and the Greenblatt finalists.

Sincerely,
Tommaso Simoncini
Chair, IMS Awards Committee

DISTINGUISHED SERVICE AWARD

Susan Davis

Professor Susan Davis is a National Health and Medical Research Council of Australia Senior Principal Research Fellow, Professor of Women's Health in the School of Public Health and Preventive Medicine, Monash University (since 2004) and a Fellow of the Australian Academy of Health and Medical Sciences. She is a consultant endocrinologist at Cabrini Medical Centre and Head, Specialist Women's Health Clinic for women with complex disease, Alfred Hospital Melbourne.

Professor Davis is the President of the International Menopause Society, having served as a Board Member since 2011, and serves on the Editorial Boards of *Maturitas*, *Menopause*, *Climacteric* and *Clinical Endocrinology*. She was a member of the Clinical Practice Guidelines panels of the US Endocrine Society for 'Androgens in Women' (2012-2014) and management of the Menopause' (2014-6). She was a co-

founder of the Jean Hailes Foundation and was Director of Research of the Foundation 1997-2004. She is a past President of the Australasian Menopause Society and served on the Monash University Council 2006-2008.

Professor Davis has made a leading contribution to the understanding of the role of androgens and oestrogens in multiple non-reproductive target tissues including the brain (cognition, mood, sexual function), cardiovascular system (lipids, vascular function and coagulation) and other tissues (fat, muscle, joint cartilage and bone). She has published over 430 peer-reviewed manuscripts, has been an invited lecturer to over 150 international conferences and presented 50 distinguished plenary lectures.

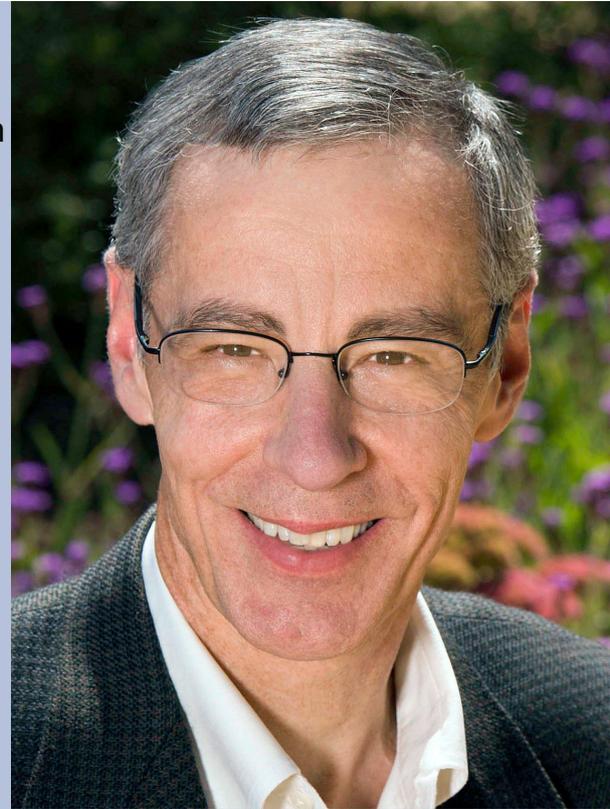
In 2009 Professor Davis received the Distinguished Alumni Award of Monash University, the Alfred Medical Research and Education Precinct Research Prize and the Australasian Menopause Society Award (presented every 2 years to an individual who has made an outstanding contribution to the field). She was the recipient of the Henry Burger Prize of the International Menopause Society for her contribution to the field of menopause in 2011. She is an Honorary Member of the Golden Key International Honour Society. She was recognised for her contributions in endocrinology by the International Excellence in Endocrinology Laureate Award of the Endocrine Society (USA) for 2015 and the Endocrine Society of Australia by the Senior Plenary Award 2019.



DISTINGUISHED SERVICE AWARD

Victor Henderson

Victor Henderson is Professor of Epidemiology & Population Health and of Neurology & Neurological Sciences at Stanford University, Stanford, California, U.S.A. He served as member of the board of directors (2011-2016) and as general secretary for the International Menopause Society (2014-2016). He has been a member of the Climacteric editorial board since its inception in 1998. He has held other leadership positions in professional organizations focused on midlife and late-life health, including president of the North American Menopause Society (2007-2008) and chair of the Geriatric Neurology Section of the American Academy of Neurology (2008-2011).



He is the founding director of the Stanford Alzheimer's Disease Research Center, which is funded by the National Institutes of Health to facilitate and enhance research on Alzheimer's disease and related disorders of aging and cognition. He co-directs the Stanford University master's degree program in Epidemiology & Clinical Research.

Professor Henderson's research emphasizes risk factors for cognitive aging and dementia, and therapeutic strategies to maintain and improve cognitive abilities affected by age. Within the field of women's health, these interests focus on hormonal influences on cognition during and after the menopausal transition, and on sex and gender differences in Alzheimer's disease risk and manifestations. He obtained his medical degree from Johns Hopkins University. He trained at Duke University (internal medicine), Washington University in St. Louis (neurology), Boston University (behavioral neurology), and the University of Washington School of Public Health (epidemiology). He was a visiting scientist at the Massachusetts Institute of Technology and a visiting professor at the University of Melbourne (Australia) and at the University of Aarhus (Denmark), where he is currently Skou Honorary Professor.

Professor Henderson serves on editorial boards and scientific advisory boards, and he has authored or co-authored 300 scientific articles and chapters.

LIFETIME ACHIEVEMENT AWARD

Henry Burger

Henry Burger, AO FAA is Emeritus Director and Distinguished Scientist, Hudson Institute of Medical Research, Adjunct Professorial Fellow, Faculty of Medicine, Monash University, Melbourne, Australia and formerly Consultant Endocrinologist, Jean Hailes for Women's Health.

He was a practising clinical endocrinologist and a clinical investigator, whose major interests have been in reproductive endocrinology, specifically the physiology of the inhibins, the endocrinology and management of the menopause and the therapeutic use of androgens in women. He chaired the World Health Organisation's Scientific Group on 'Research on the Menopause' in 1994 and is a Past President of the International and Australasian Menopause Societies.

He is author or co-author of more than 600 publications. He has won a number of prizes and awards, including the Dale Medal of the British Endocrine Society, Distinguished Physician of the US Endocrine Society (1999) and the North American Menopause Society's 2000 NAMS/Wyeth Ayerst Perimenopause Research Award and the 2006 NAMS Leadership Award in Androgen Research.

In 1993 he was appointed an Officer in the Order of Australia and he is a Fellow of the Australian Academy of Science and of the Australian Academy of Health & Medical Sciences.

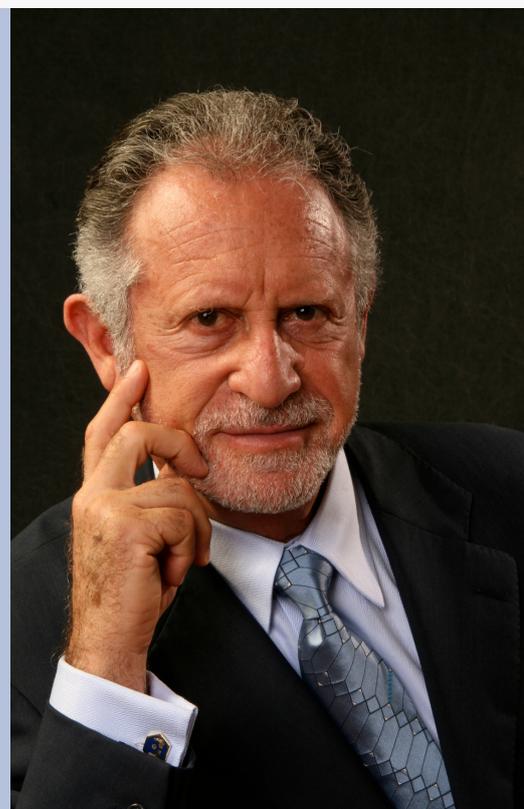


LIFETIME ACHIEVEMENT AWARD

Wulf H. Utian

Wulf H. Utian MB BCh, PhD, DSc, FRCOG, FACOG, FICS, reproductive endocrinologist, researcher, author, and menopause pioneer, started the world's first menopause research center at the Groote Schuur Hospital, Cape Town, transferring to Case Western Reserve University, Cleveland, Ohio, in 1976.

Pioneering infertility microsurgery and IVF, he accomplished the world's first surrogate IVF pregnancy. He co-founded the International Menopause Society (IMS) in 1978, founded the North American Menopause Society (NAMS) in 1989, and the Council of Affiliated Menopause Societies (CAMS) in 1994, and was instrumental in helping the launch of over 25 national menopause societies worldwide.



Honors include Good Housekeeping as "one of America's best physicians in women's health," Ladies Home Journal as a "top ten researcher in women's health", an annual CWRU Wulf Utian Chairman's award for the top graduating Resident since 2000, the FDA with an FDA Citation, in Canada in 2013 with the first SIGMA/Canadian Menopause Society "Menopause Trail Blazer Award", and in 2017 with the Establishment of an Annual Wulf Utian IMS/CAMS Award for Achievement in Furthering Women's Health presented to "any member who does great work in their own country to further education on menopause".

He is Professor Emeritus of Reproductive Biology, CWRU, Consultant in Women's Health at the Cleveland Clinic, and Scientific Chairman Emeritus of Rapid Medical Research. He was Director of OB/GYN at University Hospitals of Cleveland, and Chairman of Reproductive Biology at CWRU. He was a Founding Editor of Maturitas, Founding Editor of Menopause (1994-2018), and Editor of Menopause Management.

He has written over 230 scientific papers, and multiple books, including "CHANGE YOUR MENOPAUSE – Why one size does not fit all."

PRESIDENT'S AWARD

Khunying Kobchitt Limpaphayom

The 2020 recipient of President's Award of the IMS is Professor Khunying Kobchitt Limpaphayom, MD of Thailand.

Professor Limpaphayom, known to many in the Society as Kobchitt, is an Obstetrician and Gynaecologist who, for over four decades, has dedicated herself to improving women's reproductive health in Thailand and around the world. She has been an advocate for postmenopausal women, and a staunch supporter of the IMS. Professor Limpaphayom served on the Board of the IMS, 2002-2008, and is a past President of Asia Pacific Menopause Federation.

In 1993, she established the first Menopause Clinic in Thailand at the King Chulalongkorn Memorial Hospital, Bangkok. In recognition of her contribution to women, Professor Limpaphayom was bestowed the title of "Khunying" from the King of Thailand in 1999 and has been awarded Professor Emeritus from her faculty. In 2018 she received the United Nation Public Service Award for her work in cervical cancer prevention, cervical cancer being the leading cause of cancer death among Thai women.

She pioneered the establishment of a national standard and curriculum in OB-GYN for medical students and residents and initiated the use of provincial hospitals as clinical training centers. The "Medical Education for Students in Rural Area Project (MESRAP)" which was first developed by Faculty of Medicine, Chulalongkorn University has become a model for Clinical Medical Education Centres in several provincial hospitals nationwide. She is the Past President of South East Asian Regional Association for Medical Education or SEARAME, and the former Executive Council of World Federal of Medical Education.

At a personal level, Kobchitt has extended her support and warmth of personality to countless trainees. I met Kobchitt for the first time in Bangkok in 1991 and was in awe of her accomplishments. It is with great honour, respect and friendship that I am now able to honour Kobchitt for her decades of accomplishment with the IMS President's Award.

Susan Davis
President, International Menopause Society, 2018-2020



HENRY BURGER PRIZE

Nanette Santoro

Dr. Nanette Santoro has had continuous NIH funding since 1989, with a research program focused on reproductive endocrinology, menopause and the effects of obesity on reproduction in women. She has authored over 250 scientific publications, 4 books and mentored over 100 students, residents, postdoctoral fellows and junior faculty, many of who have gone to illustrious academic careers.

Dr. Santoro's work has been recognized by the Endocrine Society, the Society for Womens Health Research, and the North American Menopause Society. Dr. Santoro was a co-Investigator for the Women's Health Initiative clinical trial at two sites, New Jersey Medical School and the Albert Einstein College of Medicine.



She was a site PI for the Kronos Early Estrogen Prevention Study (KEEPS), and a past PI and long-term co-Investigator for the Study of Women's Health Across the Nation. Her work has helped define the health promoting and symptom sparing role of hormone therapy for menopausal women, as well as to characterize the reproductive system changes as women approach menopause.

She is past Vice President for Clinical Research for the Endocrine Society and President-Elect of the Society for Reproductive Investigation. She has been named a Best Doctor in America for many years. In 2018, Dr. Santoro was elected to the National Academy of Medicine.

GREENBLATT AWARD FINALISTS

The Greenblatt Award Symposium will be held live online on 27th October, 8:00-9:30pm GMT



Normal ranges, and determinants of, circulating estrogens in older postmenopausal women

Alejandra Martínez García

School of Public Health and Preventive Medicine, Monash University, Melbourne, Australia
Department of Endocrinology, Division of Medicine, Pontificia Universidad Católica de Chile, Santiago, Chile



Predictors of irritability symptoms in mildly depressed perimenopausal women

Anouk de Wit

Department of Psychiatry, University of Groningen, University Medical Center
Groningen, the Netherlands

Department of Psychiatry, Brigham and Women's Hospital, Harvard Medical School



Female sexual wellbeing across the Australian adult lifespan

Jia Zheng

Women's Health Research Program, School of Public Health and Preventive Medicine,
Monash University, Melbourne, Australia



Associations of estrone and cognitive performance in recently menopausal women using hormone therapy

Juliana (Jewel) Kling

Women's Health Internal Medicine, Mayo Clinic Arizona, USA



Associations between age, sex and menopause with brain structure

Stephanie Than

Academic Unit, Peninsula Clinical School, Central Clinical School, Monash University,
Melbourne, Australia

Department of Geriatric Medicine, Peninsula Health, Melbourne, Australia



Effects of high protein, low-glycemic index diet on lean body mass, strength, and physical performance in late postmenopausal women: a randomized controlled trial

Thaís Raisa Silva

Universidade Federal do Rio Grande do Sul (UFRGS), Porto Alegre, Brazil

Gynecological Endocrinology Unit, Division of Endocrinology, Hospital de Clínicas de
Porto Alegre (HCPA), Porto Alegre, Brazil