## Цэвэршилтийн насанд эрүүл мэндийг хамгаалах дэлхийн өдөр 2022

### WORLD MENOPAUSE DAY 2022. COGNITION AND MOOD

#### 20 October 2022

**On site:** SKY Business Centre, Diamond Hall  
**On-line:** info@mmas.mn  
1 hour 30 min

| № | Introduction | 10min | Myagmardagva B  
Moderator  
MMAS Secretary General |
|---|-------------|-------|----------------------------------|
| 2. | Menopause and Brain Fog: Evidence Based messaging for Provider (IMS Webinar Mongolian Version) | 20 min | Reported by Dr Enkhee S  
MMAS, President  
Representative to CAMS, IMS |
| 3. | Quality of Life in Mongolian Middle-Aged Women. Observation on 2021 Research Results. | 20 min | Batsuren Ch  
Mongolian National University of Medical Science  
MMAS Executive Director |
| 4. | Understanding and Addressing Risk Factors at Mid-Life and Beyond (IMS Webinar Mongolian Version) | 20 min | Reported by Dr Enkhee S  
MMAS, President  
Representative to CAMS, IMS |
| 5. | Q&A | 20 min | Moderator |