

Program - Webcast

Dear Colleagues,

Mark **Friday April 14, 2023** on your calendar and plan to join us for the **2023 Mature Women's Health Care** live webcast.

We have invited some of our most informed and engaging clinicians to present information on relevant and important topics that will influence your day to day practice and help you to provide the very best health care for aging women in your practice.

As an additional learning tool, all sessions will be recorded so that you will be able to review talks and information presented for one month *post conference*.

Grab a coffee, some breakfast and your laptop and plan to be with us for what we promise to be an enjoyable morning of learning!

MWHC 2023 Course Directors,
Dr. Harold Drutz
Dr. Michelle Jacobson
Dr. Lindsay Shirreff
Dr. Wendy Wolfman



8:55	Welcome & Introduction	11:50	A Review of Recent Guidelines on Osteoporosis & Postmenopausal Women Dr. Aliya Khan , Professor of Clinical Medicine, Divisions of Endocrinology and Metabolism and Geriatrics, McMaster University and Director - Calcium Disorders Clinic, McMaster University
9:00	Perimenopausal Contraception Dr. Lindsay Shirreff , Assistant Professor, Dept. of Obstetrics & Gynaecology, University of Toronto	12:20	Menopause Advocacy and Workplace Issues for Canadian Women Janet Ko , President and Co-Founder, The Menopause Foundation of Canada
9:30	Cognition & Menopause Dr. Pauline Maki , Professor, Psychiatry, Psychology and Obstetrics & Gynecology, University of Illinois, Chicago, Illinois	12:50	Closing Remarks and Evaluation
10:00	10 Minute Stretch		
10:10	Cardiovascular Aging During the Menopausal Transition Dr. Susanna Mak , Associate Professor, Dept. of Medicine (Division of Cardiology), University of Toronto		
10:40	What's New in Treatment for Menopausal Women Dr. Wendy Wolfman Professor, Dept. of Obstetrics and Gynaecology, University of Toronto Director of the Menopause and Premature Ovarian Insufficiency Units, Mount Sinai Hospital Carol Mitchell Chair in Menopause		
11:10	10 Minute Stretch		
11:20	Pessary Care for the Generalist Practice Dr. Colleen McDermott , Assistant Professor, Dept. of Obstetrics & Gynaecology (Urogynaecology), University of Toronto		

Note: every lecture will be following by 10 minutes of Q & A



Accreditation

This event is an Accredited Group Learning Activity (Section 1) as defined by the Maintenance of Certification Program of the **Royal College of Physicians and Surgeons of Canada**, approved by Continuing Professional Development, Faculty of Medicine, University of Toronto. You may claim a maximum of 3.5 hours (credits are automatically calculated).

This one-credit-per-hour Group Learning program meets the certification criteria of the **College of Family Physicians of Canada** and has been certified by Continuing Professional Development, Faculty of Medicine, University of Toronto for up to 3.5 Mainpro+ credits.

For nurses, this course will fulfill the requirement for reflective practice.

Registration (MWHC)

First Name: _____

Last Name: _____

Workplace Facility: _____

Address: _____

City: _____

Province: _____

Postal Code: _____

Phone _____

Email: _____

***Confirmation of registration will be sent by email*

Profession

- ObGyn Family Physician Nurse
 NP Fellow Resident Pharmacist
 Other _____

If you wish to register on-line, please go to:
www.mountsinai.on.ca/cme/

Registration Fees (CDN)

	Early Bird Fee (before March 14)	Registration Fee (after March 14)
Physicians	\$125 + HST = \$141.25	\$150 + HST = \$169.50
Nurses and NPs & Pharmacists	\$85+ HST = \$96.05	\$100 + HST = \$113.00
Fellows Residents	\$35 + HST = \$39.55	\$50 + HST = \$56.50

Registration fee includes webcast participation, CME credits, and a recording of the lectures.

Cancellation Policy: There are no cancellations for webcasted programs.

If paying by cheque, please complete this form and make your cheque payable to **OBS/GYN Associates** and mail to:
*CME – Dept. of Ob/Gyn
Mount Sinai Hospital
700 University Ave. 8th Floor, 8-934
Toronto, Ontario M5G 1Z5*

If paying by credit card, please complete credit card information and mail to the above listed address or fax to **FAX # (416) 586-5958**

Visa Mastercard

Card #: _____

Expiry Date: _____

Name on Card: _____

Signature: _____



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Course Directors:
Harold Drutz, Michelle Jacobson, Lindsay Shirreff
& Wendy Wolfman