

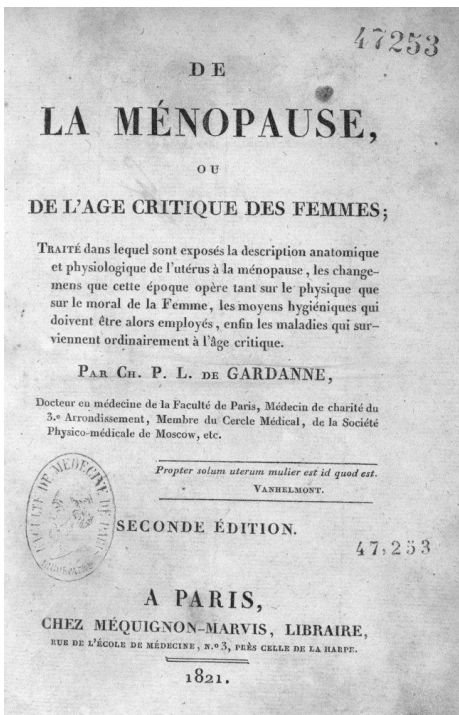


Dr Pieter van Keep
1932-1991

Are we there yet?

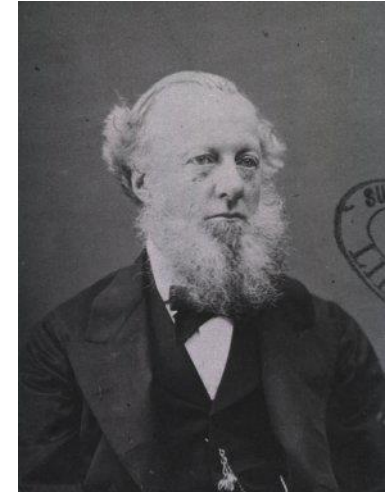


Rod Baber



- The term Menopause was first coined in 1821 by Dr C P L de Gardanne

- Edward Tilt (1815-1893), publisher of one of the first books on the climacteric, believed menopause was a type of madness residing in the uterus.
- His solution: - hysterectomy

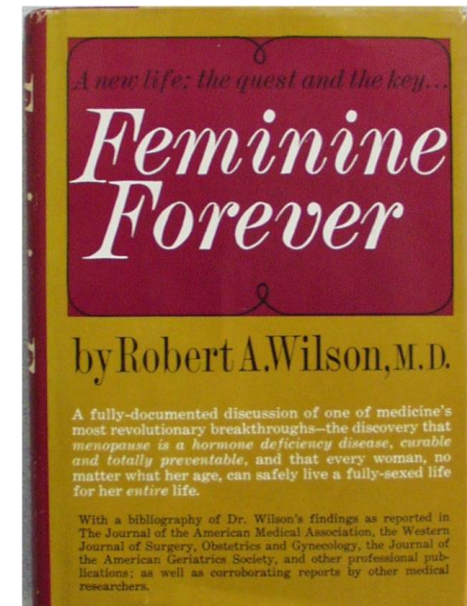
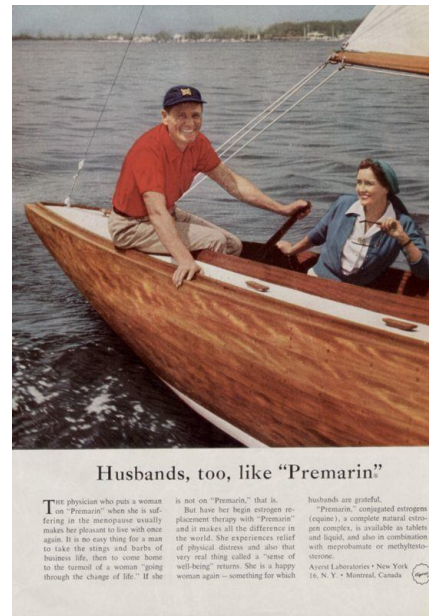


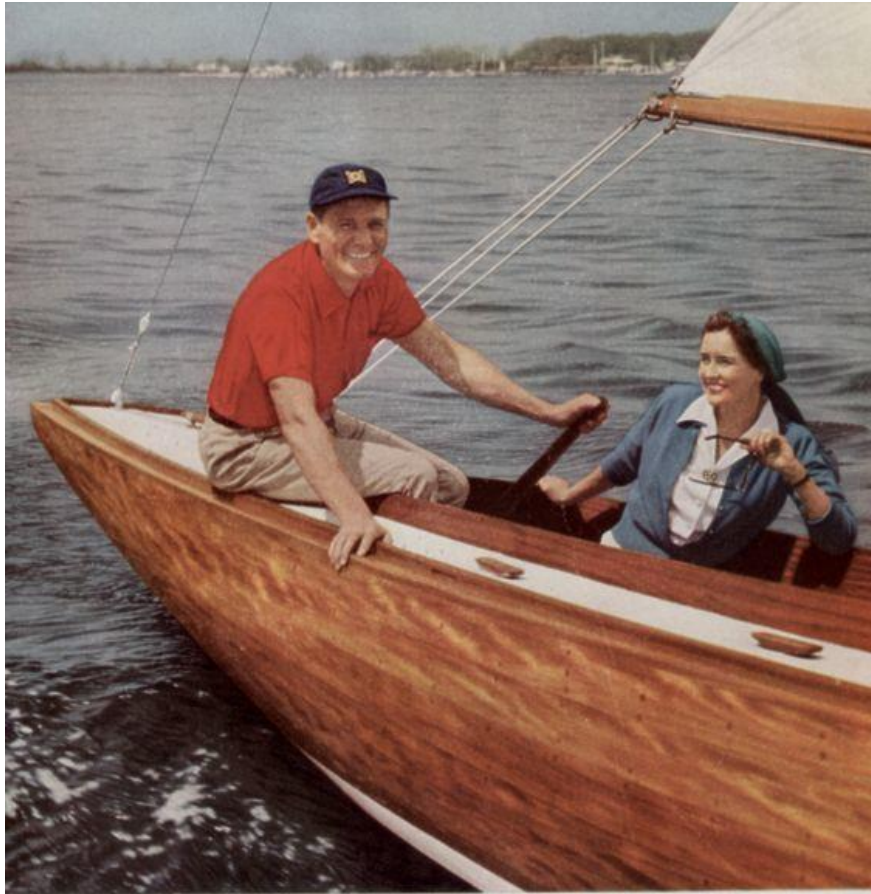
- In 1871 Psychiatrist Henry Maudsley reported menopause gave rise to mental instability.
- He found some women even developed post menopausal nymphomania.
- The treatment:- sedation, modest living or admission to an asylum.
- Other 'remedies' included herbs, opium, lead mixtures and pulverized cow ovaries.



The 20th century revolution in endocrinology

- 1923 Allen and Doisy isolated estrogen
- 1929 Butenandt won the Nobel Prize for identifying the structure of estrone from the urine of pregnant women.
- 1934 Progesterone produced from sow's ovaries
- 1940 Russell Marker synthesized progesterone from mexican yams
- 1942 , CEE, 'Premarin'





Husbands, too, like "Premarin"

THE physician who puts a woman on "Premarin" when she is suffering in the menopause usually makes her pleasant to live with once again. It is no easy thing for a man to take the stings and barbs of business life, then to come home to the turmoil of a woman "going through the change of life." If she

is not on "Premarin," that is.

But have her begin estrogen replacement therapy with "Premarin" and it makes all the difference in the world. She experiences relief of physical distress and also that very real thing called a "sense of well-being" returns. She is a happy woman again — something for which

husbands are grateful.

"Premarin," conjugated estrogens (equine), a complete natural estrogen complex, is available as tablets and liquid, and also in combination with meprobamate or methyltestosterone.

Ayerst Laboratories • New York
16, N. Y. • Montreal, Canada



A new life; the quest and the key...

Feminine Forever

by Robert A. Wilson, M.D.

A fully-documented discussion of one of medicine's most revolutionary breakthroughs—the discovery that *menopause is a hormone deficiency disease, curable and totally preventable*, and that every woman, no matter what her age, can safely live a fully-sexed life for her *entire* life.

With a bibliography of Dr. Wilson's findings as reported in *The Journal of the American Medical Association*, the *Western Journal of Surgery*, *Obstetrics and Gynecology*, the *Journal of the American Geriatrics Society*, and other professional publications; as well as corroborating reports by other medical researchers.

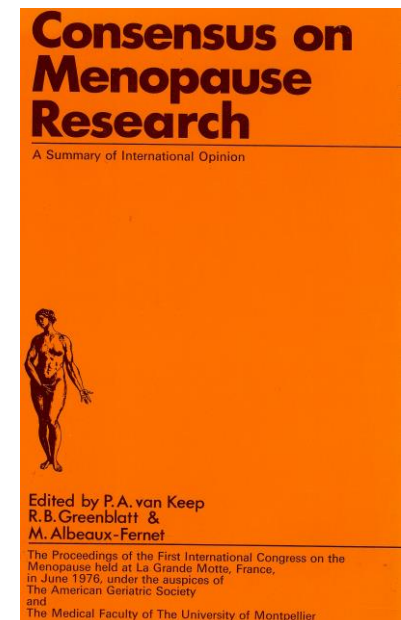


In 1966 Wulf Utian started a menopause research Clinic in Cape Town, determined to investigate the real risks and benefits of HRT.

A few years later, in 1973, he received a letter from Pieter van Keep, in Switzerland, inviting him to collaborate in research on the menopause.

Their meeting and subsequent collaboration led to the first 'menopause club' and eventually to the 1st International Congress on The Menopause held at La Grande Motte, France in June 1976, under The Auspices of The University of Montpellier and The American Geriatric Society.

165 Delegates attended a workshop focused meeting aimed at reaching a consensus on research. They planned another Meeting for 1978, in Jerusalem

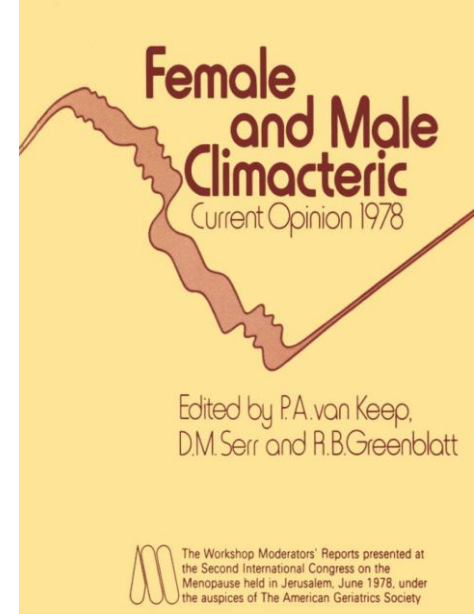


The 2nd International Congress Jerusalem, June 1978

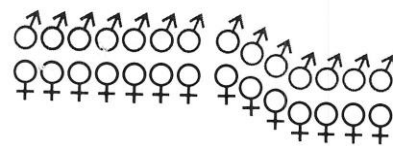
Chair Bob Greenblatt, Secretary General David Serr

- Aim: To to assess progress of developing research and to report current opinion on the climacteric.
- Held under The auspices of American Geriatric Society
- 12 Workshops,
- 150 delegates
- 124 contributors

It was at this meeting that it was proposed that an International Menopause Society should be formed.



Founding The IMS



International Menopause Society

The society for the study of all aspects of the climacteric in men and women

We the undersigned founding members, agree to establish a Society in accordance with the present Articles, and sign hereunder.

Name

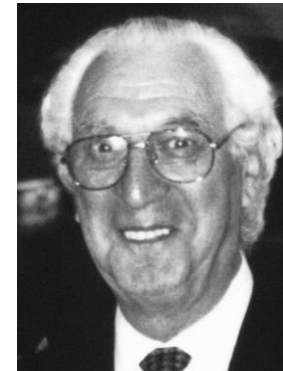
R.B. Greenblatt

Address

Medical College of
Georgia School of
Medicine
Dept. of Endocrinology
AUGUSTA, Georgia 30901
USA

Signature

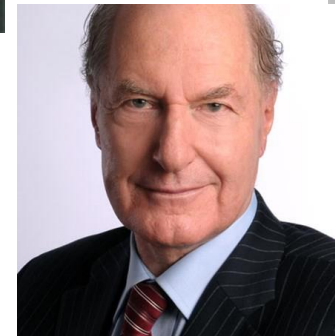
R.B. Greenblatt



D.M. Serr

The Sheba Medical
Center
Tel-Hashomer
Section Head OB/GYN
Tel-Aviv University,
Tel-Hashomer
Israel

D.M. Serr



P.A. van Keep

International Health
Foundation
8, av. Don Bosco
1150 - Brussels
Belgium

P.A. van Keep

S. Campbell

Dept. of Obstetrics and
Gynaecology
King's College Hospital
Medical School
University of London
Denmark Hill
London SE5 8RX
U.K.

S. Campbell

H.P.G. Schneider

Universitäts-Frauenklinik
Westring 11
4400 - Münster
West Germany

H.P.G. Schneider

R.L. Sitruk-Ware

Service d'Endocrinologie
et de Gynécologie Médicale
Assistance Publique
Hôpitaux de Paris
Hôpital Necker
149, rue de Sèvres
75730 - Paris Cedex 15
France

R.L. Sitruk-Ware

J.H.H. Thijssen

Academisch Ziekenhuis
Utrecht
Catharijnesingel 101
UTRECHT, The Netherlands

J.H.H. Thijssen



25 Nov. 1978

The Founding Documents of The International Menopause Society



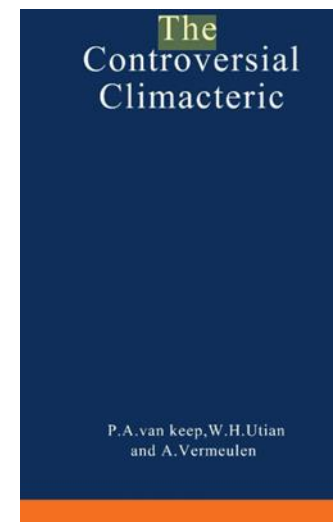
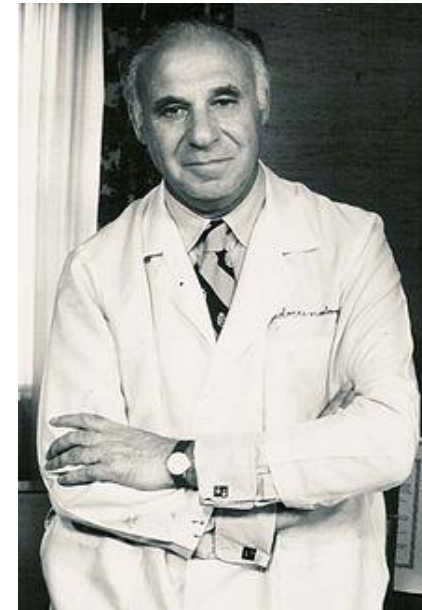
- Mission Statement: A Scientific Society whose goals are to study all aspects of the Climacteric in men and women.
- A society of individuals, not a Federation
- The secretariat was operated from Belgium, by Monique Boulet from 1978-2002

Monique, like her two successors, was the public face of IMS, encouraging and cajoling members and potential members, helping with the organization of the early meetings, attending to financial and membership matters and assisting the Executive Secretary, the IMS Board and the President.



Robert B Greenblatt (1906-1987)
Inaugural IMS President 1978-81

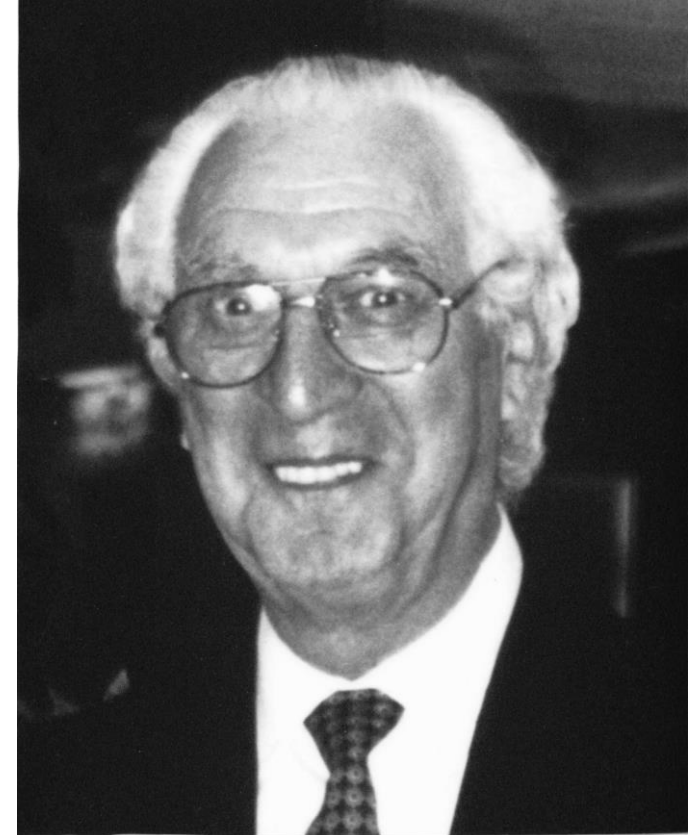
- Canadian born and educated
- 1935 Research Fellow, Medical College of Georgia
- WWII: US Navy.
- 1950 demonstrated the beneficial effect of estrogen on VMS
- 1961 demonstrated effect of clomiphene on ovulation induction
- 1966 developed a monthly OCP
- In 1979 demonstrated the role of Danazol in treating endometriosis
- In 1981 he convened the 3rd International Congress and the first under IMS auspices.
- Held in Ostend, Belgium, 450 delegates, still mostly workshops.



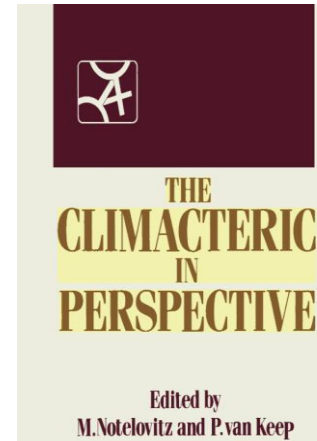
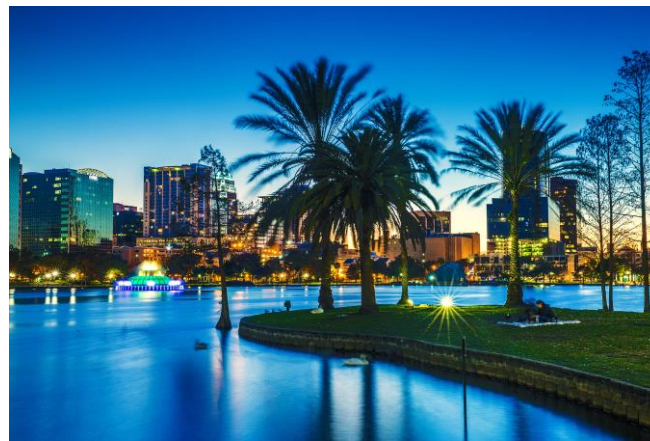
David Serr (1925-2001)

IMS President 1981-1990

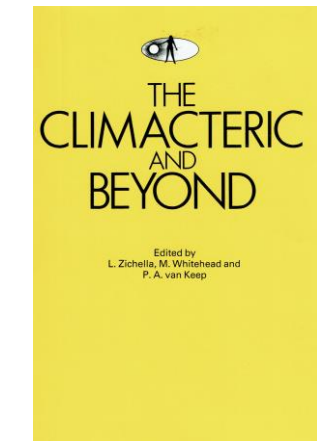
- Born in UK where he studied medicine.
- Emigrated to Israel as a young man
- Head of O&G Hadassah Hospital Jerusalem and Professor of O&G Tel Aviv University.
- With Leo Sachs and Matilda Denon he developed the technique of amniocentesis.
- Helped develop fetal monitoring and IVF.
- Life long interest in reproductive endocrinology and the menopause.
- The longest serving of all IMS Presidents



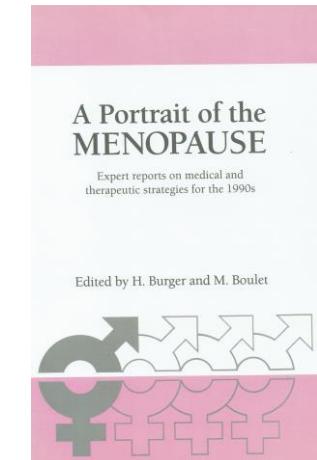
THE 4TH INTERNATIONAL
CONGRESS ON THE MENOPAUSE
ORLANDO, FLORIDA 1984



THE 5TH INTERNATIONAL
CONGRESS ON THE MENOPAUSE
SORRENTO, ITALY 1987

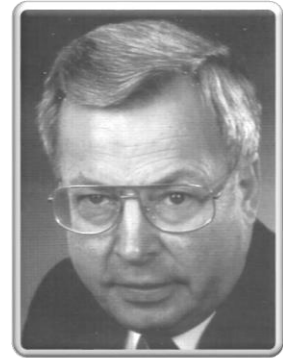


THE 6TH INTERNATIONAL
CONGRESS ON THE MENOPAUSE
BANGKOK, THAILAND 1990



Pieter van Keep (1932-1991)

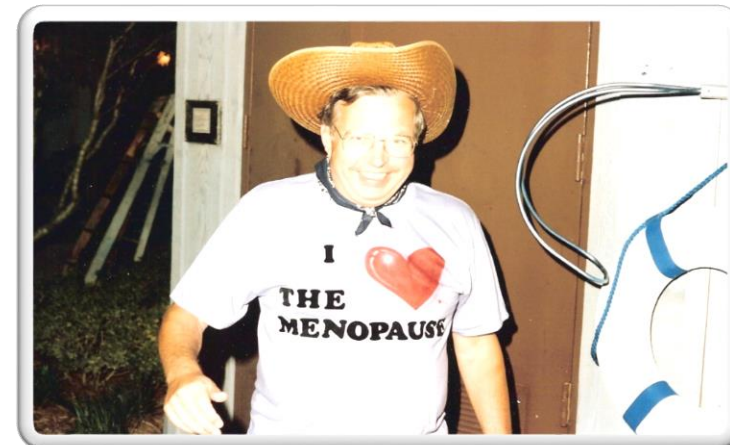
IMS President 1990-1991



- Founding member and 3rd President of IMS
- 1969 1st Director General International Health Foundation in Geneva
- His particular interests were in sociocultural and ethical aspects of both contraception and the menopause.
- 1970's formed 'Menopause Club' with Wulf Utian, Chris Gallacher et al
- 1972 Geneva: convened a Workshop 'Aging and Estrogens'
- 1976 with Bob Greenblatt organised **1st International Congress on the Menopause**
- In 1978, upon its formation, he became the first secretary general of IMS
- In 1978 he co founded Maturitas and remained editor until his untimely death in June 1991.

"I do not fear anything, I expect nothing, I am free"

(Katzantzakis)



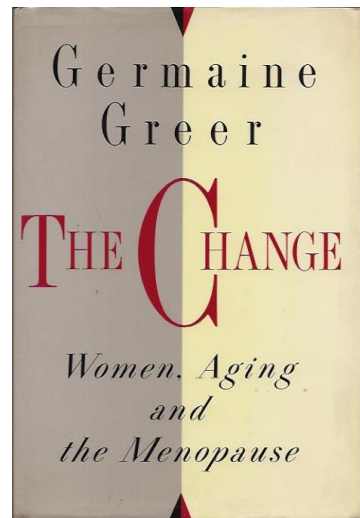
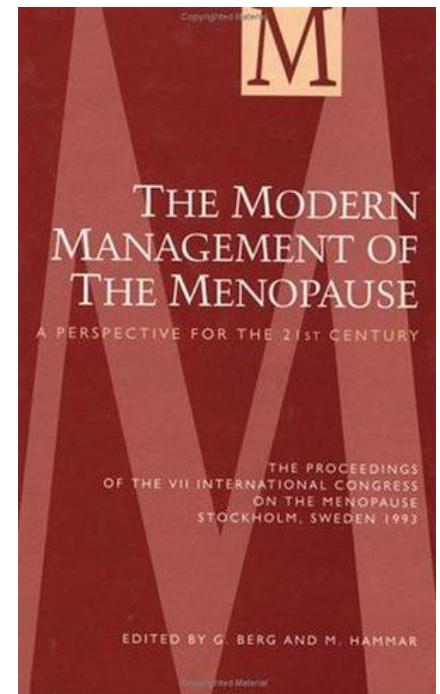
International Menopause Society

The society for the study of all aspects of the climacteric in men and women

-
- A black and white portrait of a middle-aged man with dark, curly hair and a mustache. He is smiling broadly, showing his teeth. He is wearing a light-colored, checkered button-down shirt and a dark, patterned necktie. The background is plain and light-colored.

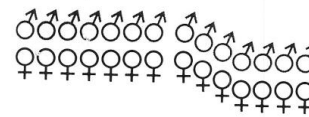


The 7th International Congress on The Menopause Stockholm, 1993



Greer G. page 2, 'The Change' Hamish Hamilton London 1991





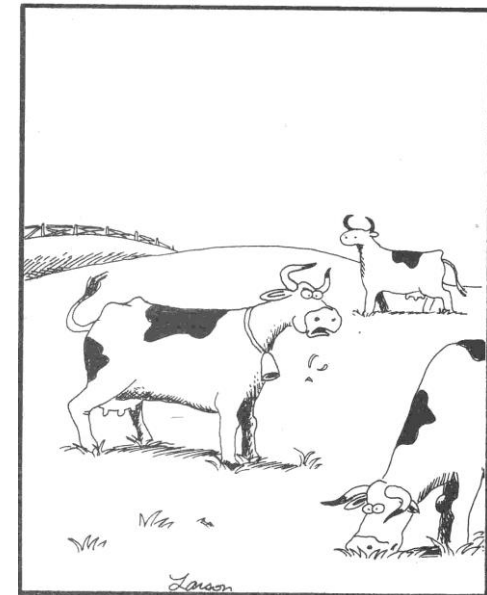
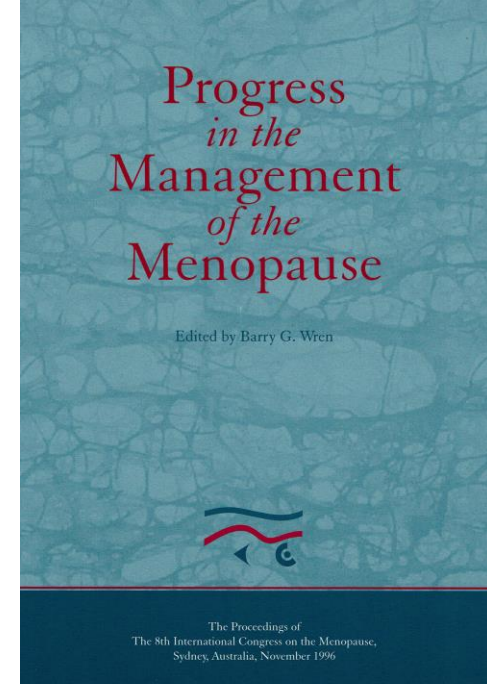
Wulf Utian

IMS President 1993-96

- Started the 1st menopause clinic in Cape Town in 1966.
- Formed 1st 'menopause club' with PVK in early 1970s
- Key member of small group who organised the 1st and 2nd International Congresses and who planned the formation of the International Menopause Society in 1978.
- With Pieter van Keep launched Maturitas in 1978 – later became Co-Editor in chief.
- He moved to The USA in 1976 and in 1989 he founded NAMS.
- Executive Director of NAMS for 20 years (now emeritus)
- Assisted in formation of many national menopause societies
- Founder of Council of Affiliated Menopause Societies in 1996 (CAMS), to provide a democratic forum for all nations associated with IMS and to foster research in all nations



The 8th International Congress on The Menopause Sydney, Australia 1996



Hey, wait a minute!
grass!
We've been eating grass!"

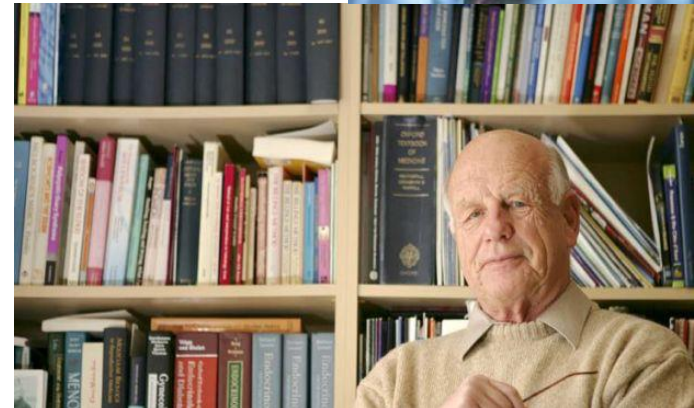
This is

Saintly wins the 1996 Melbourne Cup (8-1)



Henry Burger

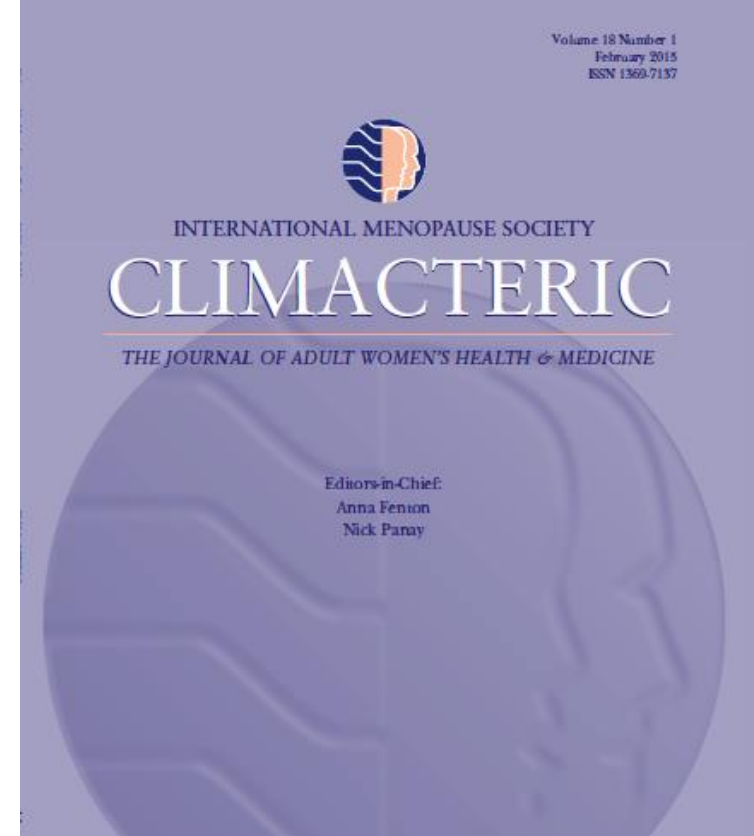
IMS President 1996-99



- The 'Godfather' of Menopausal medicine in Australia
- Born in Austria, educated in Australia
- Nuffield Fellow (UK), Post Doc fellowship NIH 1962-65
- Many firsts but notably first to isolate Inhibin
- Director Prince Henry Institute of Medical Research 1962-1992
- Assisted Jean Hailes in founding Australia's 1st menopause clinic & after her premature death established The Jean Hailes Foundation
- Foundation member and 3rd President of AMS
- Host of a (very) successful World Congress in Sydney 1996
- Strengthened links between IMS and other countries particularly throughout Eastern Europe by undertaking an extensive lecture tour of the region meeting with colleagues and assisting with translation of manuscripts
- In 1998 he ended the IMS relationship with Maturitas and founded Climacteric in 1998

CLIMACTERIC

- Founded in 1998.
- 1st Editorial: H G Burger
- Editors in Chief:
- 1998-2008 David Sturdee and Alastair MacLennan
- 2008-2016 Nick Panay and Anna Fenton
- Managing Editor: Jean Wright (1998)
- Editorial Assistant: Susan Brown (2008)
- Steadily increasing circulation and Impact Factor.



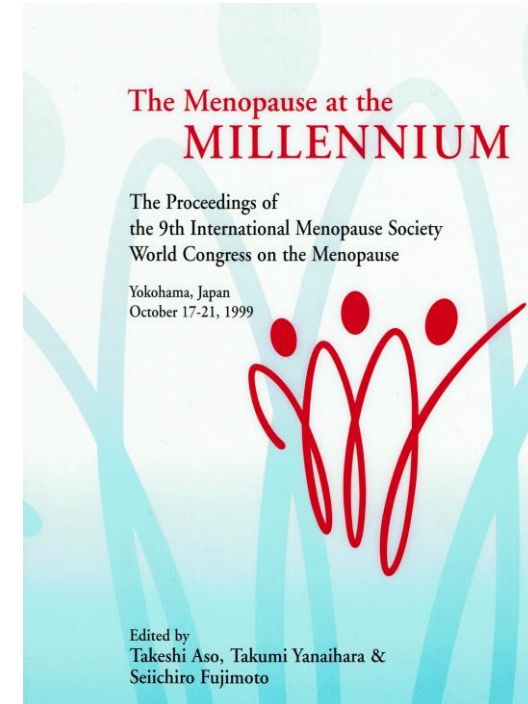
The 9th IMS World Congress on The Menopause, Yokohama, Japan 1999



INTERNATIONAL MENOPAUSE SOCIETY

THE SOCIETY FOR THE STUDY OF ALL ASPECTS OF THE CLIMACTERIC IN MEN AND WOMEN

- 2200 delegates
- Global Review of menopause management
- Broad focus on the menopause in different cultures
- Multidisciplinary approaches to menopausal care
- Greater attention to the use of complementary and traditional medicines as treatments for vasomotor symptoms
- SERMs appeared for the first time
- A new President





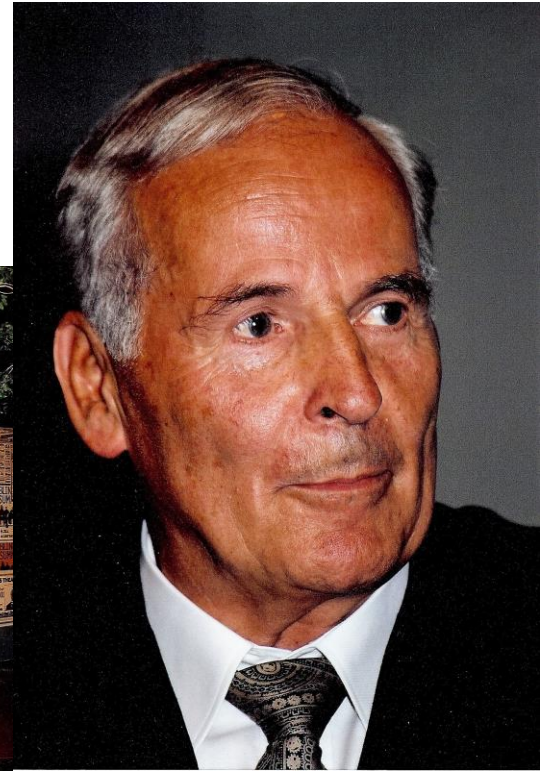
Andrea Genazzani

IMS President 1999-2002

- A dynamo
- IMS Board member 1987, 1993-2005
- Chairman 13th World Congress on the menopause
- President of CAMS 2011-2014
- Attended The NIH Congress in September 2002 (post WHI) contesting the results.
- Fostered closer contacts with South American Societies
- Instituted a series of workshops on controversial issues
Climacteric medicine with collaboration of colleagues
other disciplines
- “[Cardiovascular Disease and HRT](#), London 2000, [HRT and Cancer](#), Pisa 2001, [HRT and the ageing brain](#), Pisa 2003, [Post menopausal osteoporosis – therapeutic options](#), Pisa 2004, [Menopause and ageing – quality of life and sexuality](#), Pisa 2006, [Ageing, menopause, HRT and cardiovascular disease](#) Pisa 2006



The 10th IMS World Congress on the menopause Berlin June 2002

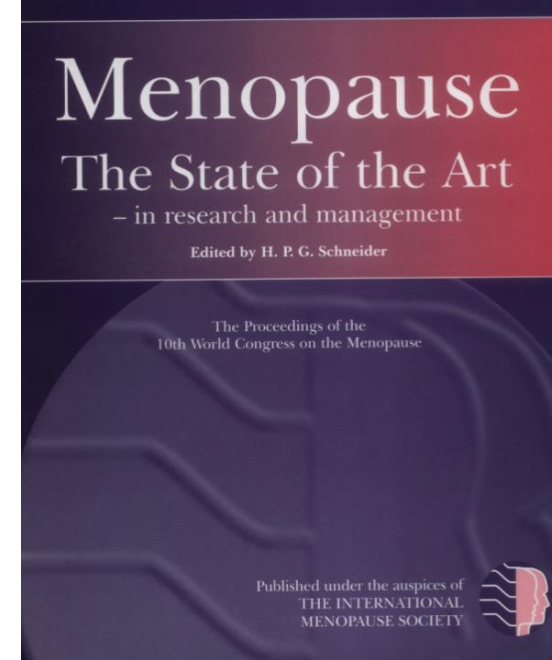
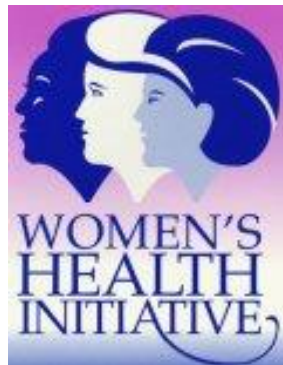


The 10th IMS World Congress on the menopause Berlin 2002

- Over 5000 delegates
- Overwhelming acceptance of HRT
- World wide research
- Tom Clarkson and his monkeys



And then, a few weeks later





Hermann Schneider

IMS President 2002-2005

- One of the 7 founders of our society
- Elected to IMS board 1993, later Chair of CAMS
- Produced a number of IMS position papers including a critical assessment of the initial WHI results
- Registered IMS as a tax exempt society based on Swiss civil law.
- Organised a new IMS central office
- Established Jean Wright as the new IMS executive director

[Climacteric 2002;5:211-216](#)

The view of The International Menopause Society on the Women's Health Initiative

H. P. G. Schneider, President of the International Menopause Society on behalf of the Executive Committee of the IMS



Jean Wright

IMS Executive Director 2003-2011

- The original Climacteric Managing Editor when working for Parthenon in 1998
- Has attended every IMS World Congress and Workshop since that time collecting proceedings and promoting IMS and Climacteric.
- Accepted post of Executive Director at a Board meeting in Pisa in 2003, taking over from Monique Boulet.
- Retired from that role following the Rome World Congress in 2011
- Has continued on as Managing Editor of Climacteric
- Like Monique was the face, the heart and the soul of IMS

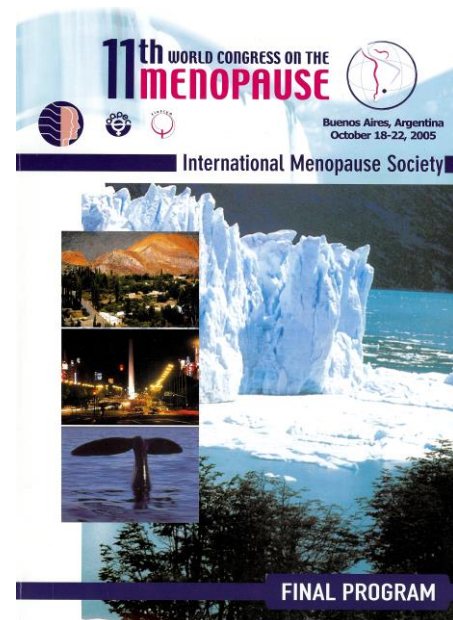


Amos Pines

IMS President 2005-2008



- Became IMS President at The 11th World Congress in Buenos Aires
- Established a 'Rapid response' team to respond to new publications.
- Established links with FIGO
- Updated and restructured IMS website.
- Started The World School for the Study of Menopause.
- Convened the 6th and 7th IMS Workshops and , with the European Heart Association, the 2007 Seville workshop on cardiovascular disease
- With Martin Birkhaeuser developed IMS Educational Slide Kits
- **Inaugurated Menopause Live in 2008**
- The inaugural IMS Director of Education.





David Sturdee

IMS President 2008-2011

- Led the IMS Workshop on Menopause and Cardiovascular disease.
- Took IMS into Asia when he led 1st IMS lecture tour to China in March 2009
- Reinstituted World Menopause Day on October 18 2010 with a theme of Urogenital atrophy.
- Published IMS Recommendations for management of vaginal atrophy and for mid life women's health
- Initiated appointment of an IMS Press Officer
- **Initiated The IMS Bursary for young researchers – one of our most important initiatives**





Tobie de Villiers

IMS President 2011-2014

Became president after the Rome World Congress

A new Executive Director: Lee Tomkins

- IMS became a UK Charitable organisation
- The mid term IMS Workshop Mumbai 2013
- 9 IMS Educational meetings in China, Russia, The Ukraine and Peru
- IMS Sessions in 15 scientific meetings globally
- 3 successful World Menopause Day campaigns on Weight gain, Oncology and Diseases of ageing
- Chinese translation of Climacteric
- The 14th World Congress Cancun
- **The Global Consensus Statement**



The Present

- A new improved web site
- Improved Governance
- Changes to Constitution and rules.
- Electronic voting
- Financial Security
- 30 meetings worldwide
- 3 WSSM sessions
- A mid term regional meeting in Taipei
- 3 successful WMD Campaigns



WELCOME TO

International Menopause Society

We are a UK based Charitable Incorporated Organisation (CIO) with our headquarters in Cornwall. If you encounter any problems with this site please contact the Executive Director, Ms Lee Tomkins.

NEWS NEWS NEWS NEWS NEWS NEWS

IMS seeks new Editor/s in Chief of Climacteric

After nine years at the helm of Climacteric, Nick Panay and Anna Fenton have decided to retire as Editors in Chief of the Society journal.

If you feel you would like to put yourself forward, or indeed know of anyone suitably qualified for the role, can you please contact Lee Tomkins,

For further information, click here. >>



CLIMACTERIC, 2016
<http://dx.doi.org/10.3109/13697137.2015.1129166>



RECOMMENDATIONS

2016 IMS Recommendations on women's midlife health and menopause hormone therapy

R. J. Baber, N. Panay, A. Fenton and the IMS Writing Group



Practical guide to menopause

Short videos explaining issues women worry most about such as weight gain, treatment safety and sex after the menopause.

[Learn more](#)



Prof Rod Baber



Dr Anna Fenton



Prof Susan Davis

Revised Global Consensus Statement on Menopausal Hormone Therapy

T. J. de Villiers, J. E. Hall, J. V. Pinkerton, S. Cerdas Pérez, M. Rees, C. Yang & D. D. Pierroz

15th WORLD CONGRESS ON MENOPAUSE

Heart Health Matters.

PRAGUE, CZECH REPUBLIC
28 SEPTEMBER - 1 OCTOBER 2016

[Read More](#)

WELCOME TO

International Menopause Society

We are a UK based Charitable Incorporated Organisation (CIO)

NEWS NEWS NEWS NEWS NEWS NEWS

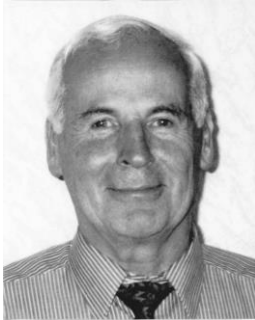
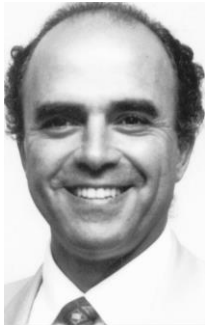
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[For further information, click here. >>](#)





IMS: The Future



Are we there yet?

In 1996 Wulf Utian delivered this address and set some goals for us to achieve:

1. 'IMS must expand beyond it's then role of convening a triennial world congress'.
This we have done.
2. 'IMS must develop treatment guidelines for clinicians world wide'.
This we have done
3. 'IMS must develop a 'clearing house' for exchange of information between societies'.
This we have done via our web site, the global consensus statement, Menopause Live and our presence at scientific meetings worldwide.
4. 'We must advocate for women'.
This we are doing through education, advocacy and social media.
5. 'We need universal preventative health care strategies for all post menopausal women' ***This we have not yet achieved.***

We have made progress but we are not there yet. As individuals we can achieve very little but together we can strive to make a difference to the health and well being of women world wide.

Welcome to Prague.

